

APRIL 2024



FORMERLY NAILS BY GRACE

I'm Grace Crimmin, a fully qualified Beauty Therapist with over 10 years' experience in Salons and Spas.

I offer a wide variety of treatments from my treatment room in Newton, including Body Massages, Facials, Manicures, Pedicures, Waxing and more!

I look forward to hearing from you.

www.beauty-bygrace.co.uk

ADVERTISE YOUR BUSINESS HERE IN THE ASSINGTON NEWS

1/4 Page = £35 Per Annum

Contact Bob Cowlin on 01787 229955 or Bronwen Stacey 01787 210354 for further details

Ventanilla Blinds

Conservatory Blinds - Day and Night Blinds

Rollers - Verticals - Roman - Pleated

Wooden, Faux Wood & Metal Venetians

Sheer Rollers - Blackout Blinds

Perfect Fit Pleated, Roller & Venetian

Contact Mike for a fast and friendly service 01787 313677 or 07966 371963 www.ventanillablinds.com

CLUBS & ORGANISATIONS (useful numbers)

If your club or organisation is not listed here and you would like to be included, then please let me know on 01787 210354 or email bronwenstacey@btinternet.com

Allotments Secretary - Vacant. Interim Contact	Jenny Cutts	01787 211371
Assington Baby and Toddler Group	Rev Tricia Box	07747 124592
Assington Books, Village Hall (see post office for times)	Michelle Bourner	07954 221773
Assington Farmshop	Maxine Gardiner	01787 211610
Assington Post Office, Village Hall	Mon 1.30-3.30,	Wed 9-12
Boxford CEVC Primary School (office@boxford.suffolk.sch.uk)	Head: Emma Lea	01787 210332
Brownies, Boxford	Moira Grant	01787 211513
Church - Treasurer	Ian Clark	01787 211133
Churchwarden	Roger Britcher	01787 211021
Churchwarden	Bronwen Stacey	01787 210354
Community Choir	Nettie Osman	07957 394780
County Councillor (james.finch@suffolk.gov.uk)	James Finch	01473 264993
District Councillor (Assington)	Lee Parker	07970 196884
Doctors surgery – Sudbury	Hardwicke House	01787 370011
Doctors surgery – Bures	Bures	01787 227529
Floodline 24/7	SCC Flood Management	0345 606 6171
Footpath Wardens	Paul & Cynthia Hollingsworth	01787 211620
Horticultural Society	Karen Wiles	
Leavenheath Cinema	Marion	01206 263301
Member of Parliament (james.cartlidge.mp@parliament.uk)	James Cartlidge	020 7219 4875
Parish Council	Simon Thorogood	01787 227400
bronwenstacey@btinternet.com	Bronwen Stacey	01787 210354
david.wiles@live.co.uk	David Wiles	07811 108702
tony@howcroft.net	Tony Howcroft	
hwallace58@gmail.com	Helen Wallace	01787 211162
i.jordan741@btinternet.com	Ian Jordan	
andrewpeterhill@hotmail.com	Andrew Hill	01787 827112
Parish Council - Clerk (assingtonpc@yahoo.com)	Christine Hargan	01449 674727
Pub – The Shoulder of Mutton		01787 210334
Stoke by Nayland C of E Primary School	Head: Mrs Kelly McGrath	01206 262418
(admin@sbn.suffolk.sch.uk)		01505 00000
Vicar (vicar@parishchuurch.co.uk)	The Revd Daniel Whiffin	01787 228292
Village Hall – Bookings	Karen Wiles	07983 002072
Village Hall - Caretaker	Sean Mills	07547 190948
Village Hall - Charity Secretary		
Womens Institute, Boxford (annie-phillips@hotmail.co.uk)	Annie Phillips	01787 211729

The Assington News is a community magazine funded primarily through adverts and donations, for which we are always most grateful. ADVERTS. RATES pa : £20 for 1/8 size page advert, £35 for 1/4 page advert, £60 for 1/2 page advert, £120 for a full page advert. Contact Bob Cowlin 01787 229955 Bank Account details for payments and donations: Account no: 01345159. Sort Code: 30 - 98 - 31. Please make cheques payable to the Assington Association.

The ASSINGTON NEWS NOW IN COLOUR ONLINE at http://assington.onesuffolk.net/assington-news/

Editor	Bronwen Stacey, 01787 210354, email bronwenstacey@btinternet.com	
Treasurer	Bob Cowlin, 01787 229955, bob.cowlin@assingtonmill.com	
Distributors	David & Ann Jarrett, Judy Bourner, Bryn Hurren & Lisa Brooks, Zoe Laughton,	
	Ian Jordan, Jacqui Egglestone, Rose Symonds	
Printer	Indigo Ross Design & Print Ltd, Sudbury 01787 880 260 <u>hello@indigoross.co.uk</u>	
Auditor	Ian Clark, 01787 211133	





BILL DICKSON

1930 - 2024



Assington's oldest resident, and one who had lived all his life in Assington, Bill Dickson, has died at the age of almost 94. He will be missed greatly by everyone who knew and loved him.

Both of Bill's parents had come down from Scotland, the Dicksons had taken on Assington House, and the Finlays had gone to farm at Dorking Tye.

This was because, from the late 1920s many Scottish farmers had been forced by difficult economic circumstances to look elsewhere for a living, and many farmers made their way south, to impoverished Suffolk, to rent farms here. In addition to Dorking Tye and Assington House farms, several other local farms were taken over and run by Scotsmen at that time:

the Robertsons at Aveley Hall Maules at Hill Farm Steels at Park Farm McLeods at Moors Farm Carrs at Over Hall Farm Waddels at Severals Farm

Bill's parents, who had not met before moving to Suffolk, met and married after arriving here.

William James Finlay Dickson (Bill) was born in 1930 at Dorking Tye, where his mother's parents, farmed, and subsequently he went to live at Assington House, where his father had taken on the farm.

Bill went to a tiny school in Newton, then on to Sudbury, but left school at 14 to help his father on the farm at Assington House, where the family lived. Assington House was mainly an arable farm. Bill's father, Jimmy, started off with a few sheep, then some cattle, but when the war came in 1939, most of the grassland had to be ploughed up so the cows had to go. Godfrey's Farm (which became Adam's Well Farm) was also farmed by Jimmy Dickson. When the Assington Estate was sold off in 1938, eldest sons were not permitted to take on the tenancies of the farms and, not being able to afford to purchase such properties, many drifted away. Bill however, spent most of his working life at Assington House, first working with horses, then tractors.

After a long courtship Bill married Ann in 1960, and in 1961 they moved to their house on the Street, where they lived with their new family: Susan who arrived in 1962 and Robert, three years later. Bill's father died in 1967, and so

Bill took over the running of the farm.
In 1968 the farm was bought by Tim Harris, who kept Bill to continue working on the land he knew so well, and Bill continued working there until his retirement.
This amazing length of service was recognised by a special award (and life membership) of the Suffolk Show. The award was presented by the late Princess Margaret, who so enjoyed chatting to Bill that she

and memorably said to Bill: " I think we are being told off"!

Bill continued to help on farms even after his retirement, and he and Ann continued to be active members of the community:

Bill was the subject of an article by John Symons in the Assington News in April 2018 (the photograph on the right was taken at that time); the main head photograph was taken of Bill enjoying a picnic at the Queens Platinum Jubilee Celebrations held in the village on June 3rd 2022;

More recently, in 2023 at the Assington Celebrations to celebrate the Coronation of

King Charles III, as the oldest resident in the village, Bill unveiled the plaque on the wall of the Village Hall.

The Funeral Service will be held at Assington Church at 12noon on Friday 5th April 2024, and all who knew Bill will be warmly welcome.





had to be prompted to move on -

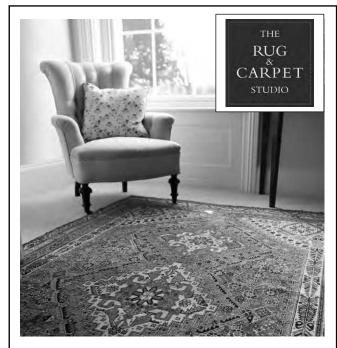
KEMPSON GARDEN SERVICES

All year round, friendly & reliable service RHS qualified and fully insured Established 2008

- Garden design and consultation
- Regular lawn care cutting, strimming & edging
- Hedge cutting & shaping
- Shrub planting & pruning
- Flower border set up & maintenance
- Garden clean-ups & makeovers
- Pressure washing patios & pathways
- Fencing & repairs
- General handiwork

For complete & professional garden care: 2 Woodfields, The Street, Assington T: 01787 212394 M: 07733 134789

fred.kempson@gmail.com www.kempson-gardenservices.co.uk



Specialists in handmade rugs and carpets Restoration & cleaning workshop Open Monday to Saturday, 10am – 5.30pm

The Old White Hart, Long Melford, CO10 9HX 01787 882214 www.rugandcarpetstudio.co.uk

R SMITH

ELECTRICAL SERVICES

ALL ELECTRICAL WORK UNDERTAKEN

CLEAN, HONEST, RELIABLE

Please call Ryan on

07981 528948

OR

01787 212352

www.rsmithelectrical.co.uk

Assington Pilates Class

Tuesday evening

7.00 - 7.45pm

Physiotherapist led class (no prior Pilates experience needed)

£9 Pay as you go Or

£32 for a block of 4 classes

Contact: annacclayton@hotmail.co.uk

07811229266

Please bring your own mat.

50% donated to the Valerie Lock Church Fund to install Kitchen/toilet facilities.

FUN AND GAMES.... BEETLE DRIVE

From Anna Clayton

Thanks to everyone who attended the Beetle drive on Saturday 24th Feb.

We had 31 attend and raised a brilliant £255 for the church tower project.

The goal is to raise around £100k in grants and fundraising to have a kitchen and toilet facility installed in the church tower space.

This will allow for a wider variety of events (concerts or Christmas fayres, for example) to be held in the church in addition to the regular services schedule, weddings, funerals and christenings.

We had visitors from Bures and Newton villages as well as those local to Assington.

Here are some pictures of everyone taking part, furiously rolling their dice...

and thanks to those who won a pair of antenna for agreeing to model them so well at the end (including Roger's dog, when he got home!)



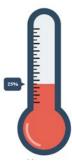








The Church Tower Project



Where it is hoped to turn the base of the Tower into an area with an accessible WC and a small scullery now stands at an amazing: £35,016.61

Thank you so much to all the people who continue to help and support us in this endeavour.

Assington Church Tower Project QR Code If you would like to make a donation towards the Tower Project Grateful thanks







and Handmade Furniture Made to Order

Free Quotations

Tel: 01787 210854 Mobile: 07771 508348 www.barnworkshop.co.uk

Sudbury Physiotherapy Centre & Complementary Health

- Musculoskeletal
- Neuro-Physiotherapy
- Sports Therapy
- Podiatry
- Pilates
- Sports Massage
- Clinical Hypnosis
- Shiatsu

Appointments available Monday - Saturday

Tel: 01787 378178 Email: sudburyphysio@hotmail.co.uk www.sudburyphysio.co.uk 17 Gaol Lane • Sudbury • Suffolk • CO10 1JL



PAY AS YOU GO

NEWTONS FARM INDOOR TENNIS

OPEN 7AM TO 10PM WISSINGTON, CO6 4LX 1 MILE FROM NAYLAND

£18/HOUR BOOK ONLINE

WWW.INDOORTENNISCOURT.CO.UK

THE OLD WORKHOUSE PART III: The Restoration

From Angela Bradding

The first major job was clearing and sorting the furniture and possessions that came with the building. We bought The Old Workhouse on a 'sold as seen' basis. This meant that we owned a significant amount of furniture, crockery, ornaments, clothes, and boxes and boxes of books.

In between sorting and rescuing 'stuff', we were getting to understand the building itself and beginning to shore it up in key places as an urgent stopgap. For example, there was a large hole in the roof where the lane end chimney had collapsed. This hole had been left unrepaired for many years. Rainwater had entered the building and rotted the timbers and floorboards from the top of the house all the way to the ground floor. We placed some plywood down on the surrounding sound floorboards and put a large old water tank underneath the leak. This had to be emptied every so often, especially that first winter! The impact of the chimney falling had given the building a significant shunt and caused a noticeable gap to open on the top floor. Our timber expert assured us that movement was no longer a problem, but we collectively decided to have a metal brace bolted to the inside corner of the back and gable end wall, and a large piece of reclaimed oak bolted under the central beam. Both these reversable repairs are still visible near the first-floor ceiling.

Another urgent job was to create a temporary wall at the back corner of the building, nearest Dyers Lane. When we bought The Old Workhouse, this section was just a large gapping opening, leaving the building open to the elements and presenting a major security risk. We nailed and screwed a miscellaneous collection of bits of wood and metal grills to the existing walls and covered it with tarpaulin. We did a similar job with the windows (many broken beyond repair) by crisscrossing the holes with bits of metal shelves, planks of wood that happened to be lying around, and anything else that would act as something of a deterrent to intruders. As you can imagine the poor old building looked a mess. It was also freezing cold and very damp.



Another early job was taking off all the existing external wall covering as it was virtually all cement. Cement render on a timber frame building is the 'kiss of death' to the integrity of the timbers. Cement does not allow the building to breathe so the timbers underneath get wet, stay wet, then rot slowly. Some of the sections of cement, were about 4 inches thick and reinforced with rusty metal mesh. This was a difficult, dirty, and potentially dangerous job.

When the old cement render had been removed, we could see what needed doing with the sole plate (the large blocks of oak that provide the primary support for the walls) and structural timbers. Our carpenter, Ben, gradually replaced all the sole plates, as the vast majority were too badly rotted and decayed to support the refurbished walls. Ben then spent many months gradually working round the building replacing any other structural timber that had 'gone too far'.

Following our aim of conserving anything we could, we repaired and retained as much of the original timbers as we could. For example, Ben spliced vertical new timbers from the outside to bolt onto salvageable sections inside. So much of the internal walls look almost as they did when they were first built. Many of these splicing jobs are now completely hidden by sheets of Heritage approved wood-fibre (to replace the original wattle and daub) and new render. Internally, where new oak has been spliced in, we have made no attempt to stain, age, or distress these new timbers to blend in with the original ones. These repairs have simply been left to 'speak' their contribution to the structural history of the building. So, in some places you will see a wonderful juxtaposition of old and new timber.



As soon as the main structural timber work had been done, we moved our attention to the roof. Initially we thought it would be sufficient to merely repair the section with the hole in it. However, we finally decided to redo the entire roof. We organised full scaffolding and then started to carefully remove the old peg tiles. We managed to save, clean, and reuse well over half of the original tiles and then had to make many trips

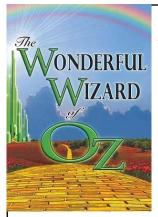
to local salvage yards to source the remainder. So, we had months of buying and collecting roof battens, reclaimed peg tiles, and clout nails. Our roofer. Mark. was brilliant. He persevered and produced a fantastic new old roof! The roof was completed in Jan 2017.

The next instalment will start to show you how we gradually rebuilt, and weather proofed our home.



We welcome any feedback, comments, and any personal recollections that you could share with us. We are always open to adding to our knowledge of The Old Workhouse. We are gradually preparing to offer 'teas and talks' here, so that you can gain some enjoyment of this lovely old building for yourselves.

THINGS TO DO



This is My Theatre will be performing The Wonderful Wizard of Oz at St Mary's Church on the Chilton Industrial Estate near Sudbury. On Wednesday 15th May

at 7pm

The performance is a family friendly take on a much loved story which will be packed with music, merriment and plenty of magic. It will be sure to captivate audiences of all ages.

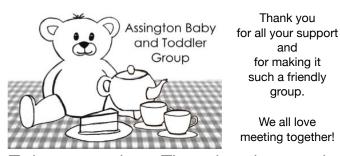
"There's no place like home"! When Dorothy is carried from her home in Kansas by a cyclone she finds herself in the magical land of Oz. She must journey to the Emerald City to meet with the great Wizard and with help of the friends she meets along the way, defeat the Wicked Witch of the West. Based on the original novel by L. Frank Baum it has been reimagined for the stage.

Doors open at 6.30pm, running time approximately 90 minutes. Tickets are £15 for adults and £10 for under 16s.

For more information and to book tickets: <u>https://www.thisismytheatre.com</u>



t M: 07392086936



Twice a month on Thursdays in term time 9.30-11.00 am in the Village Hall at £3 per family

25 April, 9 & 23 May 13 & 27 June, 11 July

Revd Tricia Box 07747124592



(no meeting in April) Thursday 2 May at 8.45am





Thursday 18 April at 12 noon

Helping those who need it.

How it works: Simply come along, 'buy' a bag for £2 and then help yourself to what you want/need from what we have. Leavenheath Village Hall Cinema

is showing

<u>WONKA</u>

SATURDAY 6th APRIL

Comedy, Family Starring Olivia Coleman, Matt Lucas, Hugh Grant Running Time 1hr 55 mins with 20 mins interval

JOYRIDE SATURDAY 4th MAY

A coming of age Drama PG—13 <u>Starring Olivia Coleman, Charlie Reid & Lochlann Ó Mearáin</u> Running time 1hr 34 mins with 20 mins interval

Babergh District Council have given the Village Hall Cinema Committee a Community grant. This has enabled us to discount the ticket price for *PRE-BOOKED TICKETS ONLY* to £2 Tickets bought at the door £4.00 per Adult & £2.50 for Under 12's

You can pay by cash or card on the door

Reserve your seat online at www.leavenheathvillage.com or telephone Marion on 01206 263301 to book your tickets. Refreshments, wine, beer, soft drinks, coffee, tea will be available before the film and also during the interval along with ice creams. Proceeds towards LVH Capital Project Fund (Charity no 262816)

EASTER SATURDAY MARCH 30th 2-4pm

The PCC is hosting a CHILDREN'S CRAFTS EVENT in the Village Hall free entry

Bring your children/grandchildren for a mix of crafts and activities such as:

Making chocolate Easter nests

ester egg hunt

General crafts (think paper, bunnies, chicks and glue!)

Refreshments available

10

VILLAGE NEWS

Village Hall News

Hello All, I am very please to announce that the village hall has applied, and been accepted for 2 grants for works, firstly for a New Kitchen from the Babergh Community Grants Scheme to the value of £10,000. There will also be new appliances installed. This will start to be installed in early May with a planned grand opening. We are also having car charging points fitted during the summer thanks to a long application process undertaken by Mark Hemmingway. This equates to around £14,000 for the full installation

Thank you to Assington Parish Council for CIL funding for us to be able to provide a foodbank, sited at the village hall, to help any of our residents in these hard times. This will be installed by early April, please donate any non perishable items if you are able, it will make a big difference to people who are struggling.

We are in planning stages for two events:

• a whole village event on **Sunday 5th May** that will include entertainment from our great Happy Sounds Choir, belly dance display, The Tipsy Tricycle, The Houseshakers Band, and a BBQ and more, to get a hopefully great summer rolling.

• We will also be hosting a curry night prepared by an experienced chef, date to be arranged. This will be at an affordable cost for all.

We have a great village hall that needs a lick of paint so we will be holding a Brush, Beer and Burger Event, date to be arranged . If you are able to give us a bit of your time to help please do, many hands make lite work. Drop me an email or give me a call on details below.

Please support **The Assington Horticultural Show in August** : date **Sunday 18th August** it has been going for 47 years and is part of our tradition and is a great country event for all, even the kids can enter!

We have recently had a fire alarm beacon fitted to the outside wall of the hall near the front door, if you see that this has been activated please call one of the numbers on the village hall notice board or if you see smoke or flames dial 999 for fire brigade response.

The Village Hall committee is still looking for a Secretary, if you have the time and would like to give it a go please do not hesitate to contact us..

Did You Know: The Village Hall offers Reduced Hire rates for residents.

Lastly if anyone has an idea for an event that they would like to see, or would like to join us the team as an events arranger or just a pair of hands, please let us know and we will try to do it. Perhaps a Quiz Night, New Years Eve Party? Kids Christmas party, Halloween Party etc. Keep an eye on the Assington Community Facebook page for updates and posters around the village.

Thanks for reading, until next time.

David Wiles (Chairman) 07811108702 or <u>david.wiles@live.co.uk</u> (and for Fire Beacon) Karen Wiles (Lettings Secretary) 07983002072 of <u>karen.wiles@live.co.uk</u> Sean Mills (Caretaker) 07547190948(and for Fire Beacon)

LOCAL FLOODING

Following the autumn and winter incessant rains and heavy downpours, you might like to know that

A Flood Line is available 24/7

If your property is in danger of being breached by water during or following heavy rain

call 0345 606 6171

Suffolk County Council flood management

ELEANOR LINSCOTT Formerly of Assington

There may be some older residents who remember the Linscott family, who left Assington in about 1992 or 3.

Sadly, Jon Linscott has dropped me a line to inform us that his mother, Eleanor, died on February 3rd, at the age of 94. Jon explained that after the loss of his father, and both his brothers, Jon and his wife along with his mother, moved up to the Yorkshire/Lancashire/Cumbria borders where Eleanor was taken care of so well at a local care home.

Jon went on to say:

"We all loved living in Assington for all those years and I know that she had many wonderful memories from those days, as do I."

ALLOTMENT AVAILABLE AT ASSINGTON MILL

Consisting of 10 Raised Beds, each about 10ft by 5ft $(3 \times 1.5m)$ of very fertile soil, at **Assington Mill**, at the southern end of the village.

Contact Bob Cowlin 07391589158

THE NATIONAL GRID PYLON UPGRADE From Bob Cowlin

The long-running Public Inquiry into National Grid's plans to upgrade the pylon line that

cause some disruption.

This scheme is not connected to the other proposal to run a new line of pylons from Norwich to Tilbury, which, if approved would affect properties near Great Horkesley (and all of us as we travel around.)





runs near the southern end of

the Village, has finished, and the Inspector should report to

The proposal is to demolish

the smaller 132kV overhead

the original National Grid,

erected in the 1950's) and

overhead line to match the other existing line of pylons. If

line of pylons (which is part of

replace it with another 400kV

approved, works would start in 12 to 18 months' time and

the Government by

12 June 2024.





re-mind coaching solutions

Transformational Coaching & Consultancy For Individuals & Businesses

- DON'T FEEL FULLY MOTIVATED OR FULFILLED?
- IS LACK OF CLARITY/DIRECTION HOLDING YOU BACK?
- WANT TO ENHANCE LEADERSHIP SKILLS?

I help High Achievers, Entrepreneurs & Business owners consistently achieve success in their lives & businesses. I specialise in effective techniques to let go of unwanted, patterns & behaviours to create high performance individuals and teams.

- 1:1 EXECUTIVE COACHING PROGRAMS
- OVERCOME PERSONAL & BUSINESS CHALLENGES
- UNDERSTAND WHAT MOTIVATES YOUR WORKFORCE
- WORKSHOPS & MOTIVATIONAL GUEST SPEAKING

"Amy is an outstanding coach with a unique approach and outlook. Working with Amy will give you the tools to not only achieve financial goals but also unlock a better understanding of yourself" David R. - Director



amy@re-mindcoachingsolutions.com Tel: 07789 182210 www.re-mindcoachingsolutions.com





Private Day Nursery

for children from 2 years. Forest School Sessions.

Holiday Clubs

for children aged 4-8



/ww.woodlandsnurserykerseymill.co.uk



Come and meet new friends, have fun, and help raise money for charity!

Thursdays 6.30pm at Assington Village Hall

No audition necessary

First session free

Membership includes learning aids, online resources, and opportunities to perform for charity

For more info go to <u>www.happysounds.co.uk</u> or call 07957 394780

PARISH CHURCH NEWS



https://assington church.org.uk



Letter from the Rev Mary Cantacuzene

Dear Friends

We all know that our lives are not perfect, and the world seems particularly troubled at the moment. We have to accept the rough with the smooth and only try to change the things we can.

Assington is a particularly friendly village and many people live into active old age. A few months ago, a friend told me about "The Blue Zones", a TV documentary series about the places in the world where people live longer, and healthier, lives than any other places on the planet. The Island of Okinawa in Japan, small areas of Greece and Costa Rica, a little town in California, a region in Sardinia.

So what do those places have in common? What do those people do, that predetermine longevity and contentment?

Obviously gentle exercise and a good diet are part of the deal; but the real clinchers are a sense of purpose and community, being with people, seeing friends and family, small interactions every day;

And crucially FAITH: being part of something greater than yourself!

We don't all want to live to be 110, that's not necessarily the aim, it's about finding meaning and purpose in our lives. In the Blue Zones there is no dementia, and there's no need for care-homes either. Everyone pulls together and looks after everyone else; and everyone has a job into old age, however small: hoeing the allotment, or cuddling the babies, or chopping vegetables for the soup.

Sounds a bit like a Christian community to me!

With love in Him, Mary



BASIC COMMUNITY POP-UP SHOP St. Mary's Church, Bures Thursday 21 March at 12 noon

Helping those who need it.

How it works: Simply come along, 'buy' a bag for £2 and then help yourself to what vou want/need from what we have.



Daniel Whiffin 01787 228292 Vicar: email: vicar@parishchurch.co.uk Associate Priest : Rev Simon White 07572 418555 Reader: Dr John Symons 211534 Churchwardens: Roger Britcher 211021 Bronwen Stacey 210354 Organist: Bronwen Stacey 210354 Secretary: Emily Cartlidge 07967 724266 Treasurer: Ian Clark 211133



APRIL CHURCH SERVICES

7th April @ 10.30am BENEFICE COMMUNION

14th April Bures: HC@10.30am Little Cornard: MW@10.30am

21st April @ 10.30am HOLY COMMUNION

28th April Bures:

HC@10.30am Little Cornard: HC@10.30am

THE CHURCH IS OPEN FOR VISITORS ON SATURDAYS AND SUNDAYS. and at other times by arrangement with key holders.

TOWER PROJECT



Assington Church **QR** Code If you would like to make a

donation towards the

Tower Project

Grateful thanks

now stands at an amazing: £35.016.61 Thank you to all the people who continue to help and support us

The

Church

Project

Tower



HOPE EXPLORED

WHAT'S THE BEST FUTURE YOU COULD EVER IMAGINE?

> Three-session course open to everyone.

Tuesdays 23, 30 Apr, 7 May 7-8:15pm @ St Mary's Bures

Sign up or find out more: vicar@parishchurch.co.uk

HOPE | PEACE | PURPOSE



1 Cornard Mills, Mill Tye, Great Cornard, CO10 0GW 07808632363 Find us on Facebook and Instagram: @barneybubbledoggrooming



ELECTRICAL LTD

Domestic | Commercial | Industrial

We have over 34 years experience and offer a full range of services to suit all your electrical needs.

Call or email us today to discuss your requirements.

TEL: 07970 384576 info@ambroseelectrical.co.uk

Installation | Emergency Lighting | CCTV | Fire & Security



The Barn, Assington www.ambroseelectrical.co.uk





A VIEW FROM AROUND THE BEND

Will someone please stop it raining, I have had enough of constant downpours and flooding.

My Celery trench has become a moat and the fish heads and guts that I put in the bottom of my runner bean trench are all floating and looking like a scene from Jaws the movie. My wibbly wobley path has become the Suez canal and I have had to put Henriates outdoor shelter on legs as he? she does not like it so close to the new floodplain. I have had enough. David Attenborough said that globle warming meant extremes of everything and he has been proved correct. It will surely even up with periods of baking hot weather and lack of rain to try us in another direction. It was so nice when we had seasons, now we just get weather.

Bobbie, bless her, dug a runnel towards the new pond to get the excess water off from the street into our new facility but now that is full and coming back towards the cottage, which we cannot have as we have no known foundations and only brick pammet floors.

I think I will see if I can dig another small ditch, through the bottom hedge and into next doors patch, its downhill to the lawn and a little wet area there would look good, he can share our visiting heron as well, who recently picked out all the fish heads out of the bean trench. It might also stop him standing there and gawking through the hedge, when Bobbie sunbathes, has he not seen an undressed woman before? Sorry folks.

Still no prospects of work, I am trying hard and even have some postcards in local shops, advertising my services. I don't really have time for work now with all my home jobs and duties, we are ok financially as Bobbie has a very prestigious job with good pay but it is long hours and very stressful but she enjoys it and coming home to find the house cleaned and hot supper or breakfast prepared, depending on her shift, however she is quite demanding of me when she does get home, especially if she has had a long nite shift. Strange that.

I try not to let her pay for too much but with everything now costing so much, I could not survive without her extra financle help. The state pension does just not go around any more and its going to be another 35 years at least before she becomes of an age to draw a pension, so guess it is best to work together and pool resources to get by, however do families with children survive on one wage?

Must be doing something right as she seems very settled and carm now and says she is the happiest she has ever been in her life, I guess me too as have adapted quite well to having someone around. She has really taken to looking after and developing the garden as well and we are both working hard to look after all the flower beds and stands of roses.

I prefer the vegetable patch and growing our food, so praying for fine weather, I can smell the new potatoes already. Must be getting older I guess, nice to have wisdom and good health to use it and enjoy the pleasures of spring with all the little birds and other animals, singing, frolicking and mating. The world seems a better place.

Her indoors is planning a holiday so we spend rest time together, so looking forward to that.

Will tell all about that when it happens and if I have the energy and can survive.

Keep Well and smile, I know I will be. Esra

LOCAL FLOODING A Flood Line is available 24/7

If your property is in danger of being breached by water during or following heavy rain **Call 0345 606 6171**

Suffolk County Council flood management

SESAW NEWS

Have you heard about those scary Asian Hornets which are a huge threat to our native honey bees?

I hope our volunteers watch out for them in the garden at SESAW. People can report any sightings via a mobile phone 'app' from the <u>gov.uk</u> website. Read about it at: New app to report Asian hornet sightings - GOV.UK (<u>www.gov.uk</u>)



Birdsong, daffodils and lighter evenings herald the arrival of Spring but we have animals from last summer, still awaiting new homes, including a

bonded pair of Saluk¹ dogs. Lily and Grey are looking for a loving home with a comfy sofa after raising their five puppies. If you, or someone you know, could be that special person they deserve, please call or email.

We are full to overflowing with rescued animals which is impeding vital maintenance so we have decided to close from 1st



April for at least one month to facilitate renovations. Rescue intake is now on a strictly emergency basis to free up the accommodation in need of repairs. Rehoming of animals will continue by appointment only during April and extra help will be drafted in to take incoming calls and emails. We apologise for any inconvenience caused whilst these essential works are carried out and hope everyone will be understanding until normal service can be resumed.

Warmest wishes for a blessed Easter and don't forget to keep any chocolate eggs away from animals, particularly dogs like me, Kenny (the Boss) Chihuahua.Suffolk & Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888 wwxw.sesaw.co.uk

BOXFORD & DISTRICT BOWLS CLUB

Report from Roz Mortlock

Many of our Boxford players bowl indoors throughout the winter at Sudbury Bowls Club, in leagues, competitions and friendly/social games. In March, the North Essex County Bowls Federation County Indoor Finals took place at Sudbury and we must congratulate our Boxford and Sudbury bowlers who won their matches and will now compete in the National Finals in April. They are:-

Ladies Triples: Gillian Barnes (Boxford), Roz Mortlock (Boxford) and Eileen Parker (Sudbury) Ladies Pairs: Gillian Barnes and Eileen Parker Ladies Senior Singles: Gillian Barnes Men's Pairs: Malcolm Grimwood (Boxford) and Mark Wickenden (Sudbury). Good Luck to you all.

In March, our Social Committee organised a very successful social evening - not only was it a chance to catch up with everyone but it was also an opportunity to try out carpet bowls.

As the evenings start to draw out, it will not now be long until the start of the outdoor season. It has been a busy time over the last few months for some of our club members who have

volunteered to help with preparing the Club and the green. A huge thank you to everyone who has been helping make the Club ready for the opening of the season in April.

And lastly, overdue congratulations to 3 of our bowlers who achieved a Hot Shot last year. Moira Carr, Margaret Blakebrough and Steve Marszal bowled an end when all 9 of their bowls (a triples game so 3 bowls each player) were closest to the jack. Hot Shots are pretty unusual - so well done. Let's hope for another one this coming season.



GRAYHAM HOGGER

Free local delivery

(Baileys, Allen & Page, Dobson & Horrell, Saracen, Naf)

HORSE/ANIMAL FEED & BEDDING HAY, HAYLAGE & STRAW MUSHROOM COMPOST SHAVINGS & HORSE-FEED

(Large and small bales)

GRAYHAM HOGGER TEL: 01787 210074 or 07860 536899

ASSINGTON COUNTRY KITCHEN Prop. Annie Reidy – Malcolm Long

OPEN 7 DAYS A WEEK Mon/Sat – 9-4.30; Sun 10-4 Bookings: 01787 210242 <u>Anniereidy1@btinternet.com</u> <u>malcolmlong1@btinternet.com</u> <u>www.assingtoncountrykitchen.com</u> <u>www.thebarnassington.com</u>



JULES FLORIST

The Barn, The Street, CO10 5LW

Flowers for all occasions

Julie – 07979 676869 01787 211695 Email - Julieivory10@gmail.com

DANIEL ECUYER THATCHERS

MASTER THATCHER

Long straw & water reed (Free quotes for thatch owners) Briars, Dyers Lane, Assington

01787 210252 or 07956 585133 ecuyerthatchers@gmail.com



07768 605 250 / 01787 212 379 Profline 5m x 10m Profesional Marquee PVC 550

You could advertise in this space for £20 for all year 2024

for further information please email: bronwenstacey@btinternet.com

bob.cowlin@assingtonmill.com or call on 01787 229955

B utique print Wide Format Printers **PVC Banners** Posters **Retail Signage** Wallpapers Vehicle Wraps Vinyl Decal Tel: Assington 212379 f 0 Email: duncan@boutiqueprint.co.uk

A PALM SUNDAY STORY WITH A DIFFERENCE From John Symons

In about 1835 B.C. an obelisk was carved in Heliopolis the then capital of Egypt. It stood there for nearly two thousand years before being transported to Rome on the orders of the emperor Caligula and erected at a circus named after the emperor.

Caligula's circus was the scene of many revels in which various means were devised to kill Christians, including, it is thought., the crucifixion of St. Peter (and probably St Paul.)

It stood there for fifteen centuries until in A.D. 1586 the Pope , Sixtus V arranged for it to be moved and erected in the square in front of the new St. Peters, church.

Imagine the scene on the day that it should have been raised; a tall wooden tower, pulleys and ropes, excited crowds, noise, a holiday

atmosphere...chaos. It nearly fell and the Pope was furious. STOP all this, we will try again tomorrow and there will be TOTAL silence so that the workers can hear their instructions. Silence on pain of death...

The next day there was a much smaller, and VERY quiet, crowd. But even then something went wrong: a pulley was smoking, it would jam if the

attendant (who was not looking) didn't throw water on it. A sailor in the crowd shouted out a warning, the day was saved, but despite this the sailor was arrested and taken before the Pope.

Thankfully the Pope was so pleased by the success of the operation that he not only forgave the sailor for shouting, he also offered him any wish he might make. The sailor asked for a day to think about what he might ask for, then on the following day asked that his village which was



quite near Rome, might be the only supplier of palms to the Vatican in perpetuity. His wish was granted.

Now nearly 1500 years later that village is still the only supplier, all that the inhabitants have to do to earn a living wage is watch the palm trees grow!!

What a brave sailor to remember on Palm Sunday, but there is another even braver on that day:

....somebody who rode to His death knowing both how ghastly that would be but also that it would offer salvation to His followers.



ASSINGTON RAINFALL AND TEMPERATURES

Bill Milner (rainfall) and Bob Cowlin (temperatures)

and Bob Cowlin (temperatures)				
HISTO 2016 2018 2020 2022)RY annual rainf: 599.5 559 636 419	all : 2017 2019 2021 2023	571 597 582.3 662	
2020 JAN FEB MAR APR MAY JUNE JULY AUG SEP OCT NOV DEC	<i>mm</i> 33.5 56 21 22 5.5 50 58 109 25.5 110 33 102.5	<i>max</i> 10 C 11°C 23°C 27°C 28°C 30°C 32°C 27°C 14°C 14°C 14°C 10°C	min -5°C -3°C -1°C +2°C +2°C 4°C 5°C 2°C -4°C -5°C	
2021 JAN FEB MAR APR MAY JUNE JULY AUG SEP OCT NOV DEC	<i>mm</i> 89 34 26 1 78.1 55.2 72 29 28.5 74.5 27 68	<i>max</i> 10°C 14°C 20°C 15°C 25°C 30°C 28°C 24°C 27°C 18°C 13°C 12°C	<i>min</i> -5.5°C -7°C -3°C -5°C +3°C 7°C 5°C 3°C 3°C 1°C -3°C -3°C -6°C	
2022 JAN FEB MAR APR MAY JUNE JULY AUG SEPT OCT NOV DEC	mm 7 46 29 9.5 37 33.5 5 11.5 25 63 107.5 45	max 12°C 13°C 22°C 25°C 30°C 36.5°C 32°C 25°C 18°C 14°C 10°C	min -6.5°C -2°C -6°C 0°C 2°C 6°C 7°C 1°C 0°C -2°C -9.5°C	
2023 JAN FEB MAR APRIL MAY JUNE JULY AUG SEP OCT NOV DEC	mm 41 3 78 65 19 15.5 72.5 65 41.5 137 61.5 63	max 10°C 14°C 15°C 22°C 30.5°C 28°C 29°C 30.5°C 23°C 11°C 11°C	min -7.5°C -7°C -2°C -2°C 1°C 6°C 8°C 4°C 5°C -2°C -2°C -7°C -3°C	
2024 JAN FEB	************** mm 47 95	max 9ºC 9ºC	•••••• -7ºC -1ºC	

17

DANCE CLUB

Tuesdays 10:45am-11:45am Nayland Village Hall, Church Lane, CO6 4JH £5 per class

Love to dance?

Come along and give it a go!

New earlier time: 10.45am – 11.45am FIRST CLASS FREE!

Fun easy dance routines - from a Foxtrot line dance & a Waltz around the hall to a cheeky Cha ChaCha and a fun Charleston! No partner needed & just £5 a class. a low impact dance workout class for adults who love to dance! <u>No partner needed</u> Leave the class with a smile on your face having had a dance, a good giggle and a great workout too!

Email: <u>danceclubfitness@aol.com</u> Mobile: <u>07917 333712</u>

MEADOW

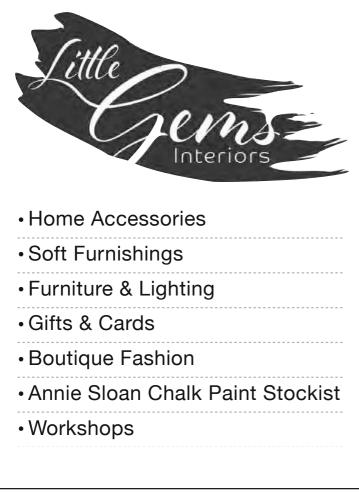
GRAC

IG HEATING BATHROOMS

Plumbing and heating engineer with over 20 years' experience. Providing a friendly, reliable and professional service with an emphasis on high standards of workmanship and conscientiousness.

- Full bathroom suite installation (inc. design and management)
- Boiler installation, replacement and maintenance
- Full heating system installation and upgrade
- · Hot water cylinder upgrade and replacement
- Power flushing
- All general plumbing
- 🐛 Sean: 07983 403 289
- Meadowgraceph@gmail.com
- instagram.com/meadowgraceph





at The Barn, Assington



www.littlegemsinteriors.co.uk 01787 210951



─── 疑 ─── The foxes den

Celebrate your special occasion with us!

• Exclusive hire, private car park, 5 double en suite bedrooms plus 1 self contained lodge with private hot tub and patio area overlooking the countryside.

• Restaurant opens Wednesday to Saturday 8.30am to 4.00pm. Serving homemade breakfast, brunch, lunch and cakes, delicious coffee and we now have our alcohol license so join us for a drink on our terrace!

• COMING SOON - New outside eating area coming soon with a wood fired pizza oven (to eat in or take away)



www.thefoxesdenassington.com FB: The Foxes Den Assington IG: thefoxesden.assington T: 01787 703 500







An Historic English Inn for comfortable, casual and refined dining Hours of Opening: Wednesdays to Sundays 12 noon to 11pm



FRIDAY 12th APRIL

from 8.30pm onwards

live music from the

BEER VALLEY DRIFTERS

For any Bookings or enquiries please contact via 01787 210 334 Or Info@shoulderofmuttonassington.co.uk