

ASSIGNMENT

NEWS



AUGUST / SEPTEMBER

2022

CLUBS & ORGANISATIONS (useful numbers)

If your club or organisation is not listed here and you would like to be included, then please let me know on 01787 210354 or email bronwenstacey@btinternet.com

Allotments Secretary	Claire Osborne	07920 800108
Assington Baby and Toddler Group	Rev Tricia Box	01787 227528
Assington Books, Village Hall (see post office for times)	Michelle Bournier	07954 221773
Assington Farmshop	Maxine Gardiner	01787 211610
Assington Post Office, Village Hall	Mon 1.30-3.30,	Wed 9-12
Assington Village Charity Secretary	Claire Osborne	07920 800108
Boxford CEVC Primary School (office@boxford.suffolk.sch.uk)	Head: Mrs J Davies	01787 210332
Brownies, Boxford	Moiria Grant	01787 211513
Church - Organist	Bronwen Stacey	01787 210354
Church - Reader	Dr John Symons	01787 211534
Church - Secretary	Emily Cartlidge	07976724266
Church - Treasurer	Ian Clark	01787 211133
Churchwarden	Roger Britcher	01787 211021
Churchwarden	Bronwen Stacey	01787 210354
Community Choir	Nettie Osman	07957 394780
County Councillor (james.finch@suffolk.gov.uk)	James Finch	01473 264993
District Councillor (Assington)	Lee Parker	01787 376073
Doctors surgery – Sudbury	Hardwicke House	01787 310000
Doctors surgery – Bures	Bures	01787 227529
Footpath Wardens	Paul & Cynthia Hollingsworth	01787 211620
Horticultural Society	Bryn Hurren	01787 210854
Leavenheath Cinema	Ken	01206 263266
Member of Parliament (james.cartlidge.mp@parliament.uk)	James Cartlidge	020 7219 4875
Parish Council	Simon Thorogood	01787 227400
bronwenstacey@btinternet.com	Bronwen Stacey	01787 210354
whitemkevin@me.com	Kevin White	07477 580561
tony@howcroft.net	Tony Howcroft	
hwallace58@gmail.com	Helen Wallace	01787 211162
i.jordan741@btinternet.com	Ian Jordan	
andrewpeterhill@hotmail.com	Andrew Hill	01787 827112
Parish Council - Clerk, (assingtonpc@yahoo.com)	Christine Hargan	01449 674727
Pub – The Shoulder of Mutton		01787 210334
Vicar (Associate Priest during the Interregnum)	The Revd Simon White	07572 418555
Village Hall – Bookings (louisa@moorsfarm.com)	Louisa Symons	01787 211534
Village Hall - Caretaker	Paul Battle	07473 933320
Womens Institute, Boxford (annie-phillips@hotmail.co.uk)	Annie Phillips	01787 211729

The Assington News is a community magazine funded primarily through adverts and donations, for which we are always most grateful.
ADVERTS. RATES pa : £20 for 1/8 size page advert, £35 for 1/4 page advert, £60 for 1/2 page advert, £120 for a full page advert.
Contact Bob Cowlin 01787 229955 Bank Account details for payments and donations: Account no: 01345159. Sort Code: 30 - 98 - 31.
 Please make cheques payable to the Assington Association.

The ASSINGTON NEWS NOW IN COLOUR ONLINE at <http://assington.onesuffolk.net/assington-news/>

Editor	Bronwen Stacey, 01787 210354, email bronwenstacey@btinternet.com
Treasurer	Bob Cowlin, 01787 229955, bob.cowlin@assingtonmill.com
Distributors	David & Ann Jarrett, Judy Bournier, Bryn Hurren & Lisa Brooks, Zoe Laughton, Matthew Green, Ian Jordan, Jacqui Egglestone, Rose Symonds
Printer	Indigo Ross Design & Print Ltd, Sudbury 01787 880 260 hello@indigoross.co.uk
Auditor	Ian Clark, 01787 211133

Assington Parochial Church Council

Tickets £1.00 each

All cash, counterfoils & unsold tickets to be returned by 4.00pm on 3rd September 2022

BLOCK CAPITALS PLEASE

Name.....

Address

Tel

Assington Parochial Church Council

Registered Charity No. HMRC XN27675

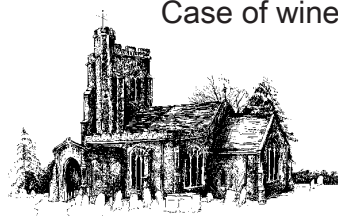
Assington Church Raffle

Prizes from local supporters and businesses

Cash prizes - £100 First Prize!

Vouchers from local businesses,

Case of wine and many more prizes



Draw to take place on Saturday
3rd September 2022 at 4.00pm
on Assington Village Hall playing field

Promoter: Dr J Symons, Assington PCC,
St Edmunds Church, Assington, CO10 5LQ
Registered under the Gambling Act 2005
with Babergh District Council



THANK YOU TO
OUR SPONSORS



RAFFLE TICKETS

this is what to do:

We know that many people are anxious with financial worries, and of course, there is no obligation to buy the tickets.

If you are able to help us,

2 books of raffle tickets, with 5 tickets per book, (or just £1 per ticket if you want fewer) have been delivered to you, stapled to the front cover of this copy of the Assington News.

As in previous years, appointed village volunteers will call during the following two weeks to collect your raffle stubs with your name and telephone number written on, and money.

Alternative payment methods for your contributions have been set up as follows:

A cheque or cash in an envelope (along with your stub with your contact details) may be posted through the door at

‘Skimbles’, The Street, Assington, (opposite the track to The Thicks)

or, the door at

‘Cornerways’, The Street, Assington

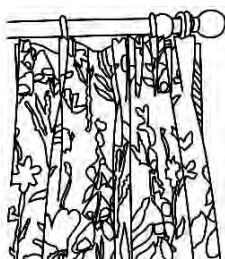
If you prefer, **payment may be made**

online at: Barclays, Sort code 20-83-50 Account no 00123773 **Ref: Assington PCC**

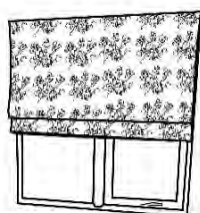
How ever you decide to contribute, we thank you very much, your help is greatly appreciated.

Many thanks to our Raffle and Fete sponsors

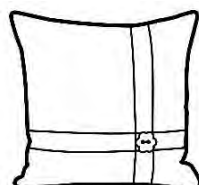
Little House Designs



Based at Cootes Cottage, Assington, I specialise in machine embroidery and design. With 40 years experience working in textiles I can help you refresh your home with new curtains, blinds and personalised items including cushions & framed embroidery.



I can visit you in your home to discuss your requirements or you are very welcome to come to see me at the cottage. I can show you examples of my work, fabric books and colour options, talk through different ideas and give you a quote without obligation.



If you have any ideas you would like to discuss, or want some help to create the look you are after, please don't hesitate to contact me.

Jacqui Egglestone
01787 211154
07770 520198
jacqui@littlehousedesigns.co.uk
littlehousedesigns.co.uk



- Home Accessories
- Soft Furnishings
- Furniture & Lighting
- Gifts & Cards
- Boutique Fashion
- Annie Sloan Chalk Paint Stockist
- Workshops

at The Barn, Assington



www.littlegemsinteriors.co.uk
01787 210951

The 45th ASSINGTON HORTICULTURAL SHOW



and

SCARECROW COMPETITION Sunday 21st August

Village Hall for entries

8.30 – 10.30am.

Show and exhibition of entries, refreshments, ice cream and raffle: 2.00pm.

The show once again this year will be divided between our village hall and a hired marquee on the edge of the playing field to show off the villages horticultural, culinary and art expertise, with a table for all the under 16s and another one for the open classes for entrants from other villages within a 15 mile radius of Assington. So if you live in one of those villages within a circle of 15 miles from Assington, let's see the size of your cubs and conformation of your carrots.

This village show which is now in its 45th year started mainly as an exhibition of gardening and growing skills but has now evolved into a general very non serious competition to show off the many skills this lovely village and its residents possess.

There is a prize for best first time entrant and the normal cups and vouchers for class winners overall show winners.

Please have a go and let's get the hall and marquee filled up with produce, nice handmade cuisine and baking along with some good craft and super entries from our young folks.



Please feel free to give me a call for help or advice or pop up to the allotments on a Sunday afternoon if you have a query. The schedule of events and classes is on village facebook pages and in the show schedule that has been hand delivered to every residence in Assington with spare copies at the village farmshop and Shoulder of Mutton village pub, who are once again sponsoring the village scarecrow competition.

All profits from this day will be given to the villages much needed charities which need some help after two very lean years.

A nice raffle prize donation is a great help and it is thought that if we do well a small donation of £50 - £100.00. could be given to a local foodbank as well to help those in dire need.

See you on the 21st if not before.
Bryn. 01787 210854.



SESAW NEWS

The volunteers are wilting and the dogs have flopped down in the shade as I write this in the middle of a July heatwave. Luckily it was cooler a few weeks ago when the fundraisers held a sale at Newton Green. Thank you to everyone who helped to raise over £840 plus a generous amount from an anonymous donor.

Some of our ladies helped register runners at the Nayland 10K which raises money for local

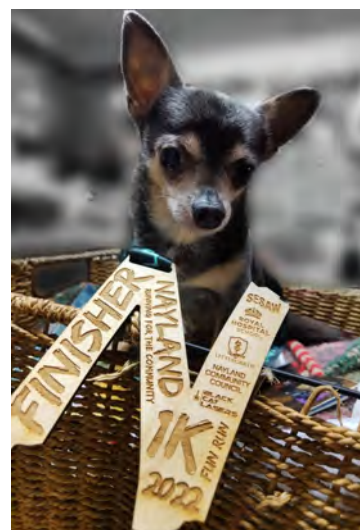
charities

including SESA. Congratulations to Luke and his team for another enjoyable day with a great atmosphere. I felt most honoured when the girls returned with a spare 1K medal, although Mum says it was NOT named after me.

Make sure you visit SESA during August if you like a rummage sale. We desperately need a massive clear out, our stock has piled up over the last two years. There will be something for everyone, from pictures to pottery, books to bric a brac, furniture to flowers. Roll up and bag a bargain, **10am – 3pm, any Saturday or Sunday in August.**

Another date for your diary is **Saturday 10th September when we will be holding a £1 Sale at the Stevenson Centre, Stevenson Approach, Gt. Cornard, CO10 0WD.** Doors open at 11am, these sales are always popular so don't miss it!

We are still open 10am to 1pm, Friday to Sunday during the Summer but check first to avoid disappointment. I'm far from disappointed with my 1K medal which I still think was made especially for me, Kenny (the Boss) Chihuahua.



Suffolk & Essex Small Animal Welfare, Reg. Charity No. 1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888 www.sesaw.co.uk

A K SMITH

PLASTERING

Established 1986

**Ceilings, Walls, Floors
Lime Plastering Undertaken**

**For References see Website
www.aksmithplastering.co.uk**

**Keith:
Assington 212352/07808 027 116**




Nails by Grace
Beauty Therapist

I'm Grace Crimmin, a fully qualified Beauty Therapist offering quality treatment services from my Treatment Room in Newton.

I offer a wide variety of treatments including Manicures, Pedicures, Body Massage, Facials, Waxing and more!

To book an appointment please call **07484 648932** or message directly through **Facebook** or **Instagram**.

I will look forward to hearing from you.

 www.facebook.com/nailsbygrace1

 [@nailsbygrace123](https://www.instagram.com/nailsbygrace123)

Ventanilla Blinds

Conservatory Blinds - Day and Night Blinds

Rollers - Verticals - Roman - Pleated

Wooden, Faux Wood & Metal Venetians

Sheer Rollers - Blackout Blinds

Perfect Fit Pleated, Roller & Venetian

Contact Mike for a fast and friendly service

01787 313677 or 07966 371963

www.ventanillablinds.com

REFUGEES

a poem
by Brian Bilston,

submitted by John Symons

They have no need of our help
So do not tell me
These haggard faces could belong to you or me
Should life have dealt a different hand
We need to see them for who they really are
Chancers and scroungers
Layabouts and loungers
With bombs up their sleeves
Cut-throats and thieves
They are not
Welcome here
We should make them
Go back to where they came from
They cannot
Share our food
Share our homes
Share our countries
Instead let us
Build a wall to keep them out
It is not okay to say
These are people just like us
A place should belong to those who are born there
Do not be so stupid to think that
The world can be looked at another way

Now read from bottom to top



ASSINGTON RAINFALL AND TEMPERATURES

Bill Milner (rainfall)

and Bob Cowlin (temperatures)

HISTORY: 2016 TOTAL 599.5

2017 TOTAL 571

2018 TOTAL 559

2019 TOTAL 597

2020 TOTAL 636

2021 TOTAL 582.3

2018	mm	max	min
JAN	60.5	11°C	-3°C
FEB	41	9°C	-8°C
MAR	74	14°C	-5°C
APR	49.5	26.5°C	+1°C
MAY	38.5	27°C	+0.5°C
JUNE	1.5	31°C	5°C
JULY	19.5	36°C	10°C
AUG	83	35°C	6°C
SEP	29	25°C	-0.5°C
OCT	30.5	23°C	-2°C
NOV	75	13°C	-4°C
DEC	57	13°C	-5°C

2019	mm	max	min
JAN	23.5	9°C	-8°C
FEB	19.5	16°C	-5°C
MAR	44	19°C	-3°C
APR	18.5	24°C	-3°C
MAY	54	26°C	+1°C
JUNE	94.5	29°C	5°C
JULY	36.5	34.5°C	6.5°C
AUG	31.5	31°C	7°C
SEP	37.5	24°C	2°C
OCT	90	18 °C	-2°C
NOV	69.5	12 °C	-5°C
DEC	78	10 °C	-5°C

2020	mm	max	min
JAN	33.5	10 C	-5°C
FEB	56	11°C	-3°C
MAR	21	14°C	-5°C
APR	22	23°C	-1°C
MAY	5.5	27°C	-2.5°C
JUNE	50	28°C	+2°C
JULY	58	30°C	6°C
AUG	109	32°C	4°C
SEP	25.5	27°C	5°C
OCT	110	14°C	2°C
NOV	33	14°C	-4°C
DEC	102.5	10°C	-5°C

2021	mm	max	min
JAN	89	10°C	-5.5°C
FEB	34	14°C	-7°C
MAR	26	20°C	-3°C
APR	1	15°C	-5°C
MAY	78.1	25°C	-2.5°C
JUNE	55.2	30°C	+3°C
JULY	72	28°C	7°C
AUG	29	24°C	5°C
SEP	28.5	27°C	3°C
OCT	74.5	18°C	1°C
NOV	27	13°C	-3°C
DEC	68	12°C	-6°C

2022	mm	max	min
JAN	7	12°C	-6.5°C
FEB	46	13°C	-4°C
MAR	29	18°C	-2°C
APR	9.5	22°C	-6°C
MAY	37	25°C	0°C
JUNE	33.5	30°C	2°C

Wardale Williams

THE OPTICIANS

INDEPENDENT • EXPERIENCED • PROFESSIONAL

Qualified and caring NHS opticians
for you and your family since 1947.
Varifocal specialists.

50 Gainsborough St Sudbury
CO10 2ET 01787 372492
www.wardalewilliams.co.uk



Boxstore

**The Local
Self Storage
Company**
**For all domestic and
business needs**

See website for details
www.boxstore.co.uk
tel : 01787 210350

ASSINGTON CHURCH FETE SATURDAY

3rd September

2pm

at the Village Hall

No entry charge

Big Prize Raffle

Afternoon Teas

HappySounds Community Choir

Children 's Games and Races

Stands, Stalls and Competitions

Books and Bric a Brac

and much more.....

**followed by an evening Bring and Share BBQ from 5pm onwards
and open mic session**

EVERYBODY WELCOME

information and donations:

Simon White 07572418555

Roger Britcher 211021 (bottles tombola)

Ted Nicholls 210998 (Raffle)

A VIEW FROM AROUND THE BEND

My life in Assington has become ever more exhausting and more like a roller coaster as the summer rolls on. Henrietta turned up last Sunday evening in the back shed with three baby kittens in tow. I was stunned and speechless, which doesn't mean much as I live all alone.

After a couple of days I think I have managed to work out what has happened and feel awful about what he/her has been through. Bobbie has been over to console me and wipe away the tears, from both me and the cat. Misery guts from up the road walks past the cottage ten times a day guffawing at my stupidity and asking when I am going to get him done. I have taken to working indoors and on the back garden during daylight hours and only working on the streetside very early in the morning and when the moon comes up, as feeling such a fool and very vulnerable. Met our lovely milkman at four o'clock the other morning who said he would like a couple of the kittens for his children. I readily agreed as I would love them to have a nice home and we would be very crowded all in my little cottage. Bobbie said that she would look after the other one if she could keep him here, not sure how that will work but didn't argue as I am sure she is trying to be helpful and she is really a very nice young lady.

Have been walking more as the evenings get longer and tend to go up the lane near the old vicaridge and over the new earthworks, whatever are they looking for there? Maybe a viking ship like at Sutton Hoo, I hope to see the film when it comes out, terrible accents though.

Met the old vicar in his garden one night on the way back home, what a really interesting man so chatty and really friendly and he did not mention the cat once.

On another evening I walked along the big road and reached what looked like a golf course, so surprised to see a tall chap still playing at almost eleven o'clock at night, gave him a very wide berth as he seemed to be swinging at invisible balls, takes all sorts I guess.

Walked all the way down the lane and at the bottom cut across the fields and eventually came back to the Thicks, got back to the cottage at two o'clock in the morning and fell asleep in the chair with Henrietta purring on my lap and kittens in a basket at my feet. Not a bad end to the day I suppose.

My new pants and longjohns have arrived along with some new shirts and courderoy trousers from Dammit clothing company, along with very strangely, something called boxers and some denim looking jeans, I quickly packaged them up to send back but Bobbie said that they were a special loyalty offer from Dammit and I should keep them. I was not sure about this but she is very persuasive and after trying them on I did quite like them, later that evening she found a very patterned lacy style mans shirt along with a smart dressing gown from the same parcel that I had somehow missed, Seems very good value to get all that lot for just over twenty quid, I must have been very loyal over these past years. I did try on the shirt and gave a bit of a twirl which seemed to please her but left the modeling of the boxer pants and dressing gown to another evening when I have had a bath and found more courage, a man of my age can only take so much excitement.

Going to have to cut down on my spending or go back to work as struggling to make the pension go around, even if I grow all my own food I will still not have enough to pay all the bills and live comfortably. It cost me nearly fifty quid to have my chimneys swept last week, I have had to dispench with the window cleaner and do my own now, which is really difficult as I do not like heights and he was such a nice man, although I do feel he did charge rather a lot for just ten windows. Should

have been content and stayed in the bungalow tother side of Boxford.

Not sure how I am going to get through the winter. Am quite fit and well able to work, so if any body needs some help in the garden or with basic ofiswork, just let me know. Somehow we will all get through but very frightening for those on there own and not much of an income, I should have saved more when working, we all seemed to have good jobs in the factory and got good wages and promotions but the current costs of lighting and heating are eating into what little I had saved. All very worrying. Maybe next year will be better.

At least the garden is doing really well and I have some very nice crops to eat, getting very hot and dry though and record temperatures forecast next week, I have taken to watching my old black and white telly late at night as it seems to get older programs than the two newer ones, it seems that the original nature programs by David Attenborough forecast all of this, why did nobody listen to him. I have emptied all three of my butts, tried to syphon the bathwater down into the butt by back kitchen door but somehow missed and filled up the blue wheelie bin instead, tried to dry the contents out on the lawn but as they dried the wind got up and sent everything across the field, then spent half the night over at the thicks hedge gathering it all up.

I hope nobody in the village spotted me as I was trying on my new gear at the time and would have made a very unusual sight. I do feel sometimes that catastrophes follow me around. I think I had better go and do something useful now before more disasters strike.

On the positive side I do believe that my marrow has grown another two inches this week.

Please be good everybody and don't be afraid to say hello.
Esra.

SUFFOLK CHURCHES RIDE AND STRIDE EVENT



10th September

This Annual Sponsored Ride and Stride is a national event, and every second Saturday in September cyclists and walkers all round the country are out making money for their local county Churches Trust. The Ride and Stride is the main source of income of Suffolk Historic Churches Trust to enable it to make grants to churches and chapels of all denominations towards repair and restoration costs.

Participants are sponsored for each place of worship visited between 9.00am and 5.00pm on Ride and Stride Day or, by a donation, regardless of the number of churches visited. The money raised by each cyclist or walker is shared equally between the Suffolk Historic Churches Trust and the place of worship nominated by the participant.

Hundreds of places of worship are open during the day, to greet and register cyclists, walkers, (or nowadays, drivers), and to offer them refreshments. Many participants enjoy the opportunity to look around historic and interesting churches.

Jeff Stacey is the Assington church co-ordinator, and always gratefully receives sponsorship in exchange for his cycle ride which he rides in a different part of the county every time. He usually cycles approximately 50 miles, and guarantees to visit ten churches, so his kind sponsors know what they are letting themselves in for. Other keen cyclists in the village also often take part

If you are interested in taking part this year, why not make a little family group day out of it (weather permitting - which it doesn't always!!). If you are interested, do contact Jeff, who will be able to supply you with all the details and the relevant forms etc:
jeffreystacey@btinternet.com

THINGS TO DO

DATES FOR YOUR DIARY:

Assington Horticultural Show and



Scarecrow Competition on 21st August

Doors open for entries 8.30-10.30 am.



Showtime is 2.00-4.00pm in the Village Hall

**Saturday 10th September at 11am
SESAW**

**are holding a £1 sale at
The Stevenson Centre**

Stevenson Approach Gt Cornard CO10 0WD



Assington Baby and Toddler Group

Thank you for all your support and for making it such a friendly group.

We all love meeting together!

Mums, dads, grandparents, carers and childminders living in and around Assington ... bring your little ones to a group for accompanied babies and toddlers in the lovely, airy Village Hall. Great toys and play followed by stories, lots of singing, then snack time. Good coffee too! Held twice a month, Thursdays 9.30 - 11.00 am, at £3 per family.

Here are the dates for autumn/early winter:
September 8 and 22 October 13
November 10 and 24 December 8 January 12 and 26

Do contact me, Revd Tricia Box: 01787 227528 or 07747 124592

11

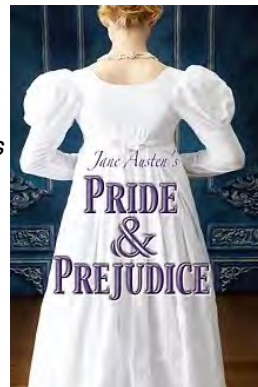
"This is My Theatre "performance of Jane Austen's Pride & Prejudice is on Thursday 30th August at St Mary's Church, Church Field Road, Chilton Industrial Estate. Doors open at 7pm, £15 for adults, £12 for under 16s.

With music throughout audiences will fall in love all over again with Jane Austen's best-selling novel.

At least one of the Bennet sisters must marry well for the family to avoid destitution upon the death of Mr Bennet, so the task of finding suitable matches begin. The sisters are very different, and matrimony is a easier option for some than others. Following Elizabeth, we discover that not all judgments quickly made are correct, in particular when the dashing Mr Darcy is involved.

For more information and to book tickets:

<https://www.thisismytheatre.com/pride-and-prejudice>



Assington Church Village Fete

**Saturday 3rd September
at
2pm**

SESAW

**Rummage Sales taking place every
Saturday and Sunday in August
10.00am-3.00pm**

at

Stoke Road, Leavenheath, CO6 4PP
Tel: 01787 210888

Please Note that there will not be a separate September edition of the Assington News.
The next edition will be the October Assington News.



Leavenheath Village Hall Cinema

SAT 6th AUG – THE DUKE

SAT 3rd SEP – WEST SIDE STORY



7.00pm

Film starts 7.30pm



Please book early to
avoid being disappointed

Tickets £4.00 per Adult and £2.50 per young person

You can now reserve your seat online at

www.leavenheath.org.uk

Telephone: Marion (01206 263301) for tickets

Refreshments (wine, beer, soft drinks, coffee, tea will be available before the film starts and ice creams during the interval.

Proceeds towards LVH Capital Project Fund (Charity No 262816)

AMBROSE

ELECTRICAL LTD

Domestic | Commercial | Industrial

We have over 34 years experience and offer a full range of services to suit all your electrical needs.

Call or email us today to discuss your requirements.

TEL: 07970 384576

info@ambroseelectrical.co.uk

**Installation | Emergency Lighting |
CCTV | Fire & Security**



The Barn, Assington

www.ambroseelectrical.co.uk



Helen Kempson

registered nutritional therapist

**Supporting you with your
digestive health concerns**

*'Working with Helen has been
amazing. Following all her
suggestions this year has massively
improved how I feel. '*

ER, Colchester

Telephone: 01787 212394

Mobile: 07766 702363

www.hknutrition.co.uk

Email: helen@hknutrition.co.uk



Facet Design

Web Design
Motion Graphics
Logo Design
Illustration
Print Design
Photo Manipulation

hello@facetdesign.co.uk

THE VILLAGE FETE

Can you help with any of these?

CLASSIC CAR DISPLAY

An added attraction this year will be a static display of Classic cars or modern Classic cars or just cherished cars which their owners think would create an interesting distraction from the usual Bowl for a Pig or Whack the Mole type side shows and add to everyone's enjoyment .

This **appeal** is for anyone who owns such a treasure and is prepared to bring it along and display their vehicle on the village playing field in an allocated "Viewing Area" **to get in touch**.

To help the organisers arrange a suitable size display area please contact the number below in advance and give a few details .

Looking forward to your support and help in making the day a great success; thank you in advance for supporting this enjoyable day in this way .

To offer your vehicle for display and give a few details please phone or message 07453095144

Thank you.

CHILDREN'S CRAFT AREA

Following the popularity of last years children's craft area at the Fete we will be offering more things to make from recycled materials this year. **Donations of silver foil food trays and old paperclips would be appreciated** and can be left with Sarah White at 20 The Street.

BRIC A BRAC etc and BOOKS

We will be holding the Bric a Brac stall again this year, with an added value item: a Clothing Rail for nice quality 'select previously owned' garments and also school uniforms . Donations of all suitable items will be gratefully accepted by John and Louisa Symons, Please phone first to arrange: Tel: 01787 211534

(Please do NOT just leave donations on the doorstep)

HOMEMADE PRODUCE STALL

This is a new venture, and we should very much **welcome donations** on the morning , or to Emily beforehand, of any of the following for us to sell:

- **Homemade jams, pickles, preserves and chutneys**
- **sloe gins or similar**
- **posies of flowers**
- **Fruit and veg** if you have a glut of anything (in bags ready to sell please),
- or anything which you think fits into this category.

CALLING ASSINGTON ARTISANS.....

Any artisans in the village who would like to hold a stall to sell their wares at the Village Fete, please contact Simon White on 01787 211228. There will be a flat rate charge to you of £15 per pitch.



HER MADGE ALMOST MADE IT TO THE ASSINGTON JUBILEE CELEBRATIONS!



Gill Harris was all set to "Do her bit for Queen and Country" and enter the "Best Dressed Queen" competition, but unfortunately at the last minute, circumstances prevented Her Majesty from attending our celebrations! Shame! She would have been almost certain to have picked up a prize, the likeness is uncanny!.....



KEMPSON GARDEN SERVICES

*All year round, friendly & reliable service
RHS qualified and fully insured
Established 2008*

- Garden design and consultation
- Regular lawn care - cutting, strimming & edging
- Hedge cutting & shaping
- Shrub planting & pruning
- Flower border set up & maintenance
- Garden clean-ups & makeovers
- Pressure washing - patios & pathways
- Fencing & repairs
- General handiwork

For complete & professional garden care:

2 Woodfields, The Street, Assington

T: 01787 212394 M: 07733 134789

fred.kempson@gmail.com

www.kempson-gardenservices.co.uk



**Specialists in handmade
rugs and carpets**

Restoration & cleaning workshop

Open Monday to Saturday, 10am – 5.30pm

The Old White Hart, Long Melford, CO10 9HX

01787 882214 www.rugandcarpetstudio.co.uk

R SMITH ELECTRICAL SERVICES

ALL ELECTRICAL WORK UNDERTAKEN

CLEAN, HONEST, RELIABLE

Please call Ryan on

07981 528948

OR

01787 212352

www.rsmithelectrical.co.uk

Assington Pilates Class

Tuesday evening

7.00 - 7.45pm

Physiotherapist led class (no prior Pilates
experience needed)

£9 Pay as you go
Or

£32 for a block of 4 classes

Contact: annacclayton@hotmail.co.uk

07811229266

Please bring your own mat.

50% donated to the Valerie Lock Church Fund to install
Kitchen/toilet facilities.

PARISH CHURCH NEWS

Letter from the
Rev Simon White
Associate Priest,



Bures with Assington and Little Cornard

Dear Friends,

A few weekends ago I visited some of our local artists when they opened their doors as part of the 'Open Studios' initiative. It was a reminder of all the creative work that happens in our village and how artists can reveal something more of the world around us beyond what we might see in a brief glance.

Saint Augustine wrote, "Some people, in order to discover God, read books. But there is a great book: the very appearance of created things. Look above you! Look below you! Read it."

Our world contains much beauty but the extreme temperatures we have experienced this summer remind us of its fragility and our responsibility to look after it. We have learnt the hard way, that poor decisions made in recent times have adversely affected our world so, while some might still think this hot summer is just part of our world's on-going evolution, most now accept that humans are responsible for the increasing pace of climate change and that we can also do something about it.

The authors of the creation stories in the Book of Genesis understood this and wrote, "God took the Man and set him down in the Garden of Eden to work the ground and keep it in order". Christians often talk about this as stewardship – our responsibility to look after this world and all life on it, which causes me to spare a thought for our farmers who are having to adapt to climate change and a changing world. The tragic events in Ukraine have highlighted our reliance on imports of fuel and fertiliser, which are themselves often environmentally damaging, limited and at risk from climate change. This might seem daunting but we can all start our stewardship by thinking how we can encourage sensitivity to environmental challenges so we make more responsible decisions.

August sees a few notable events when we can meet. We have the Assington Horticultural show to look forward to when we can each share our creativity whether it be nurtured in the garden, the studio or on the kitchen table. Later at the beginning of September we will return to the Village Hall for our Church Fete which we hope will be another fun time for everyone.

I hope you will all manage to have some sort of holiday so you can rest and recuperate. Even after all these years I am aware of the rhythm the school summer holidays give to our year and how it can mark a time of rest followed by change. Let's spare a thought for our younger people who are about to start new schools, colleges, universities or jobs.

Lastly, we look forward to welcoming our new vicar Revd Daniel who will live in the vicarage in Bures with his family and who will officially start on Monday 22nd August with a service in St Mary's Bures at 7:30pm to which all are invited.

Best wishes

Revd. Simon White

Reader: Dr John Symons 211534
Associate Priest Rev Simon White
07572 418555
Organist: Bronwen Stacey 210354
Sec: Emily Cartlidge 07976 724266
Treasurer: Ian Clark 211133

Churchwardens:

Roger Britcher 211021
Bronwen Stacey 210354



THE CHURCH VILLAGE FETE AND RAFFLE 2022

The annual church Village Fete and Raffle will be held at the Village Hall and Playing Field on **Saturday 3rd September**.

*This year the PCC has determined that all proceeds from the Church Fete and the accompanying Raffle, with its usual array of excellent prizes, will go towards the **WC and Tea Project**.*

You may have read that we are at the initial stages of a big project to upgrade the ground floor of the Church Tower into a room where we wish to install an accessible WC and a kitchen facility.

Although we have a firm plan, as yet we have not progressed to the stage where we know exactly how much this will cost, but I think we can all guess that it will be a **very** costly exercise.

As in previously years, raffle tickets are stapled onto the front of this edition of the Assington News, and shortly afterwards, appointed fete working party members may call door to door to collect payments. Alternatively, payment can be made, or tickets returned, to the church Treasurer. Once again there will also be alternative methods of payment to cash, for those who prefer it.

For more information see page 3 of this magazine.

We always very much appreciate the support given by the community to the Church Raffle, and wish to thank you in advance for all your generosity.



Assington church has its own website.
The full address is <https://assingtonchurch.org.uk>

AUGUST AND SEPTEMBER SERVICES
IN
ASSINGTON CHURCH
everyone welcome!

21st August @ 10.30am Morning Worship

28th August @ 10.30am Benefice Communion at BURES

4th September @ 10.30am Holy Communion
18th September @ 10.30am Morning Worship

Please contact office@parishchurch.co.uk or
telephone 01787 227407 for more details


Peter Robb

**PAINTING, DECORATING,
FURNITURE PAINTING AND
PAPER HANGING SERVICE**

Interior & Exterior

T: 01787 379778

M: 07941 463104

E: *sudders1234@gmail.com*

See examples of my work on



BRYN HURREN

*Specialist in
Handmade Traditional
Furniture*



Est. 1975

**Bespoke Kitchens, Joinery
and
Handmade Furniture
Made to Order**

Free Quotations

**Tel: 01787 210854
Mobile: 07771 508348
www.barnworkshop.co.uk**



**Sudbury
Physiotherapy Centre**
& Complementary Health

- Musculoskeletal
- Neuro-Physiotherapy
- Sports Massage
- Chiropody
- Podiatry
- Pilates
- Shiatsu
- Clinical Hypnosis
- Nutritional Therapy

Appointments available Monday - Saturday

Tel: 01787 378178

Email: sudburyphysio@hotmail.co.uk

www.sudburyphysio.co.uk

8 Cornard Road • Sudbury • CO10 2XA

ASSINGTON GARAGE

TEL: 01787 211010

Servicing & MOT repairs
Tests arranged

Welding & spraying

Minor dents & scratches
usually repaired for less than
your insurance excess.

**Stockist of wiper blades &
bulbs.**

NATURE WATCH



HAVE YOU SEEN A SPINDLE BUSH LOOKING LIKE THIS?

Ermine moth caterpillar

In June I sent a photograph to the RHS of one of my spindle bushes that was covered in fine webs and had suffered widespread defoliation. On the same day I received the following information:

"Thank you for your enquiry and the photograph. The caterpillars in the webs on your spindle (are from) one of the small ermine moths, *Yponomeuta cagnagella* or *Y. plumbella*, that feeds on this plant. The pale greenish white, black spotted caterpillars are active during late spring and early summer. The caterpillars feed together in colonies, and they cover their feeding area with dense white silk webbing. When fully fed in early summer, they pupate amongst the silk webbing and adult moths emerge during July.

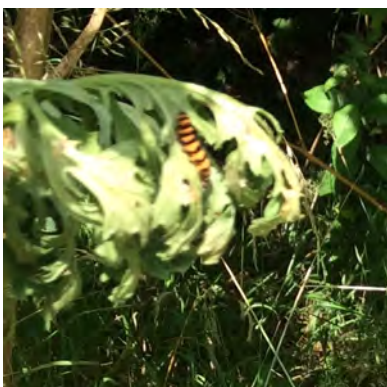
While it looks dramatic, the defoliation caused by these caterpillars does not usually affect the long-term health of the plant. Additionally, the populations of these types of insects tends to fluctuate from year to year, so it may be that next year they are not present. If necessary, aggregations of the caterpillars can be pruned out and disposed of. Other control measures are usually unnecessary."

From JVP

PS from the Editor:

You may have noticed, as I have, two spindle bushes near the Village Hall Noticeboard and the post box, which are in a similar state.

Bronwen Stacey is pleased to report that there are, once again in the garden this year, a few Cinnebar Moth larvae on their single food plant, Ragwort. Unfortunately the



Ragwort is already extremely dry, and most of the leaves are brown and shrivelled; it looks as if it might not be able to sustain the larvae until they are mature and weave their cocoons.



She also saw this large black beetle on a recent walk locally in Leavenheath.

Despite looking it up, she was unable to determine whether it was a Lesser Stag Beetle or a female Stag Beetle, and so sent a photo to Nick Miller for his much more competent identification. Nick's response as follows:



"Yes it appears to be a Lesser Stag Beetle, if those are nippers at the front rather than antennae. The Stag Beetle has a browner abdomen, though the female Stag is otherwise similar to the Lesser." (Another possibility is the Dor Beetle which is almost as long, but very wide/ round with no gap between thorax and abdomen, and a ridged wing-case); however, in this instance the wing-case is definitely not ridged.

By an amazing coincidence, Nick then saw this female Stag Beetle (below), at Tiger Hill. It is only the second time one has been recorded there. He points out that this female has a brown-ish abdomen.





RICHARDSON LANDSCAPES

richardsonlandscapes.co.uk
07742 696766

Undertaking all areas of domestic and commercial landscaping, including:

- Patios
- Driveways
- Brick walls and steps
- Fencing and gates
- Hedge planting
- Grass seeding and turfing

See our website for examples of our work.

Call Mark for a quote!



re-mind
coaching
solutions
Limitless Possibilities

Transformational Coaching & Consultancy For Individuals & Businesses

- DON'T FEEL FULLY MOTIVATED OR FULFILLED?
- IS LACK OF CLARITY/DIRECTION HOLDING YOU BACK?
- WANT TO ENHANCE LEADERSHIP SKILLS?

I help High Achievers, Entrepreneurs & Business owners consistently achieve success in their lives & businesses. I specialise in effective techniques to let go of unwanted patterns & behaviours to create high performance individuals and teams.

- 1:1 EXECUTIVE COACHING PROGRAMS
- OVERCOME PERSONAL & BUSINESS CHALLENGES
- UNDERSTAND WHAT MOTIVATES YOUR WORKFORCE
- WORKSHOPS & MOTIVATIONAL GUEST SPEAKING

"Amy is an outstanding coach with a unique approach and outlook. Working with Amy will give you the tools to not only achieve financial goals but also unlock a better understanding of yourself"

David R., - Director



amy@re-mindcoachingsolutions.com

Tel: 07789 182210

www.re-mindcoachingsolutions.com



Private Day Nursery

for children from 2 years.
Forest School Sessions.

Holiday Clubs

for children aged 4-8

Baby Classes (intro offers available)

sing and sign, baby massage,
baby sensory and
woodland babies
(term time only)



WWW.WOODLANDSNURSERYKERSEYMILL.CO.UK



Come and meet new friends, have fun, and help raise money for charity!

Thursdays 6.30pm, either on Zoom or Covid-secure at Assington Village Hall (dependent on current restrictions)

No audition necessary

First session free

Membership includes free voice workshops, learning aids, online resources, and opportunities to perform for charity

For more info go to www.happysounds.co.uk or call 07957 394780

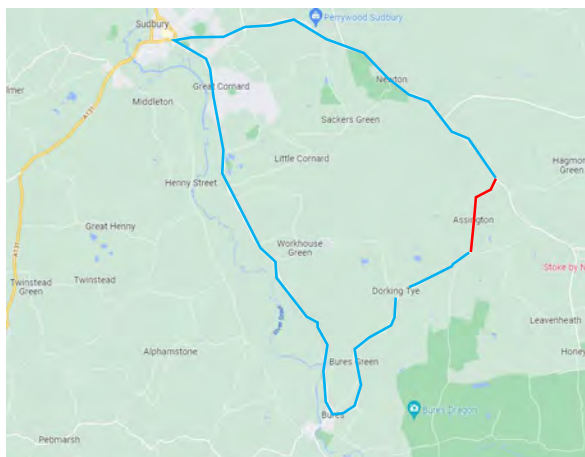
U8611 Nayland Road, Assington (from the junction with Barracks Road for 30 meters South Eastbound)
Diversion – The Street, A134 and vice versa.

UPCOMING ROADWORKS 25th July to 3rd August Notification

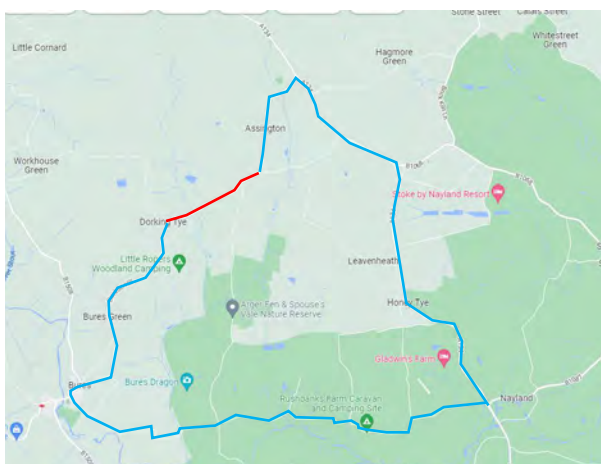
From: Highways Communications
<communications@suffolkhighways.org>
C733 The Street/ Bures Road,
U8610 Barracks Road,
U8610 Marshalls Green and
U8611 Nayland Road, Assington

For your information, we are planning to carry out signing and kerbing works along C733 The Street/ Bures Road, U8610 Barracks Road, U8610 Marshalls Green and U8611 Nayland Road, Assington, as detailed below. The works are programmed to take place between 25 July and 3 August 2022. The roads will be closed between 8am and 5pm each day to ensure that we can carry out our works safely.

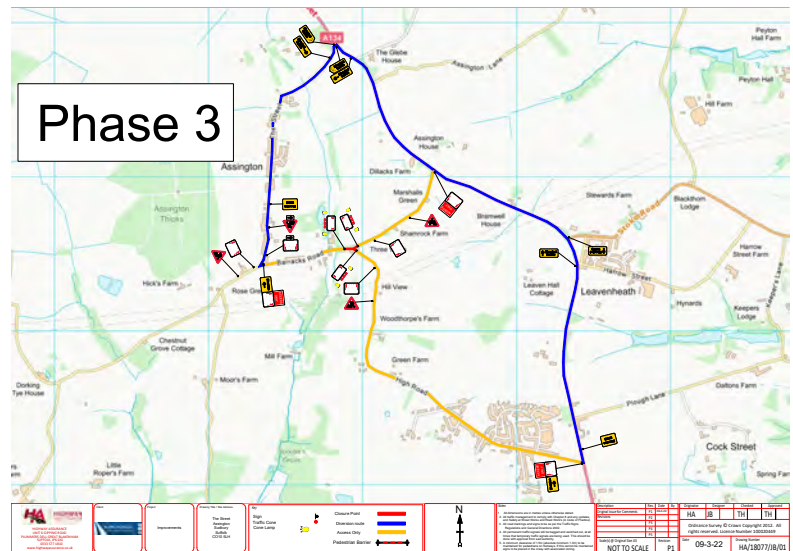
Phase 1 – C733 The Street, Assington
Diversion – Bures Road, Dorking Tye, Assington Road, Cuckoo Hill, B1508, A131, A134 and vice versa.



Phase 2 – C733 Bures Road, Assington
Diversion – The Street, A134, Wiston Road, Bures Road, Clicket Hill, Nayland Road, Church Square, B1508, Cuckoo Hill, Assington Road, Dorking Tye and vice versa.



Phase 3 – U8610 Barracks Road, Assington (from Bures Road junction to Nayland Road junction)
U8610 Marshalls Green, Assington (from the junction with Nayland Road for 50 meters Eastbound)



As we plan roadworks in advance, we schedule extra days to allow for bad weather or other delays beyond our control. If we need to make major changes to our work dates, we will update the information signs on site.

A plan showing the diversion route for these works is attached to this email. **When we close the road and put a diversion in place, the route needs to be accessible to vehicles of all shapes and sizes.** We make our diversions as clear as possible by placing appropriate signing along the route. The latest updates on our works can be found on our website at "[Temporary road closures for Suffolk Highways roadworks](#)" and on [One.Network](#) website.

Please contact us on 0345 606 6171 if you have any questions. Suffolk Highways www.suffolk.gov.uk/highways

WARNING:

FIRE RISK FROM MIRRORS

A few years ago, I described in the News what I regarded as a 'near miss' when the frame around one of my PVCu windows suddenly began smoking and the reason was clearly a mirror placed nearby that had been reflecting the early-morning sunlight onto the frame. I then realised this was the cause of the strange 'bubbling' effect in some areas and felt rather foolish for not realising the potential danger of a mirror in such a position.

I mention this now because I recently heard about a much more serious incident:
a Grade II listed house in Suffolk was completely destroyed by fire while the owners were on holiday and the cause was a mirror placed near to a window. I regard myself as extremely lucky !

JVP

GRAYHAM HOGGER

Free local delivery

(Baileys, Allen & Page, Dobson & Horrell, Saracen, Naf)

**HORSE/ANIMAL FEED & BEDDING
HAY, HAYLAGE & STRAW
MUSHROOM COMPOST
SHAVINGS & HORSE-FEED
(Large and small bales)**

GRAYHAM HOGGER

TEL: 01787 210074 or 07860 536899

DANIEL ECUYER THATCHERS

MASTER THATCHER

Long straw & water reed

(Free quotes for thatch owners)

Briars, Dyers Lane, Assington

01787 210252 or 07956 585133

ecuyerthatchers@gmail.com

ASSINGTON COUNTRY KITCHEN

Prop. Annie Reidy – Malcolm Long

OPEN 7 DAYS A WEEK

Mon/Sat – 9-4.30; Sun 10-4

Bookings: 01787 210242

Anniereidy1@btinternet.com

malcolmlong1@btinternet.com

www.assingtoncountrykitchen.com

www.thebarnassington.com

BOXTED METHODIST SILVER BAND

*New players always welcome,
any age, any ability*

(Rehearsal Wednesdays 7.30)

Contact: Mrs Petter

07803 935688

www.bmsb.co.uk



WARNER LOG SUPPLIES LTD.

Suppliers of seasoned firewood

DICK WARNER

Tel: 01206 579881

Mobile: 07860 255326

JULES FLORIST

The Barn, The Street, CO10 5LW

Flowers for all occasions

Julie – 07979 676869

01787 211695

Email - Julieivory10@gmail.com

Boutiqueprint

Wide Format Printers

PVC Banners

Posters

Retail Signage

Wallpapers

Vehicle Wraps

Vinyl Decal

Tel: Assington 212379

Email: duncan@boutiqueprint.co.uk

