

NEWS



Bat Willows in Morning Mist



Red Roof

A Feeling for Landscape

Exhibition of paintings by

BELINDA KING

25th - 31st July 2024

Open 10 am - 5pm daily

ARTSPACE
Woodbridge

Apothecary House
64 Thoroughfare
Woodbridge IP121AL

www.belindakingartist.co.uk



Frosty May Tree

JULY 2024



Peter Robb

PAINTING, DECORATING,
FURNITURE PAINTING AND
PAPER HANGING SERVICE

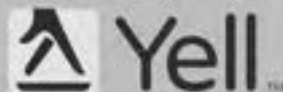
Interior & Exterior

T: 01787 379778

M: 07941 463104

E: sudders1234@gmail.com

See examples of my work on



BRYN HURREN

*Specialist in
Handmade Traditional
Furniture*



Est. 1975

Bespoke Kitchens, Joinery
and
Handmade Furniture
Made to Order

Free Quotations

Tel: 01787 210854
Mobile: 07771 508348
www.barnworkshop.co.uk



Sudbury
Physiotherapy Centre
& Complementary Health

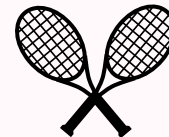
- Musculoskeletal
- Neuro-Physiotherapy
- Sports Therapy
- Podiatry
- Pilates
- Sports Massage
- Clinical Hypnosis
- Shiatsu

Appointments available Monday - Saturday

Tel: 01787 378178

Email: sudburyphysio@hotmail.co.uk
www.sudburyphysio.co.uk

17 Gaol Lane • Sudbury • Suffolk • CO10 1JL



PAY AS YOU GO

**NEWTONS FARM
INDOOR TENNIS**

OPEN 7AM TO 10PM
WISSINGTON, CO6 4LX
1 MILE FROM NAYLAND

£18/HOUR
BOOK ONLINE

WWW.INDOORTENNISCOURT.CO.UK

CLUBS & ORGANISATIONS (useful numbers)

If your club or organisation is not listed here and you would like to be included, then please let me know on 01787 210354 or email bronwenstacey@btinternet.com

Allotments Secretary	Karl Debenham <i>alternative: Jenny Cutts</i>	07588 996211 01787 211371
Assington Baby and Toddler Group	Rev Tricia Box	07747 124592
Assington Books, Village Hall (see post office for times)	Michelle Bourner	07954 221773
Assington Farmshop	Maxine Gardiner	01787 211610
Assington Post Office, Village Hall	Mon 1.30-3.30, Wed 9-12	
Boxford CEVC Primary School (office@boxford.suffolk.sch.uk)	Head: Emma Lea	01787 210332
Brownies, Boxford	Moira Grant	01787 211513
Church - Treasurer	Ian Clark	01787 211133
Churchwarden	Roger Britcher	01787 211021
Churchwarden	Bronwen Stacey	01787 210354
Community Choir	Nettie Osman	07957 394780
County Councillor (james.finch@suffolk.gov.uk)	James Finch	01473 264993
District Councillor (Assington)	Lee Parker	07970 196884
Doctors surgery – Sudbury	Hardwicke House	01787 370011
Doctors surgery – Bures	Bures	01787 227529
Floodline 24/7	SCC Flood Management	0345 606 6171
Footpath Wardens	Paul & Cynthia Hollingsworth	01787 211620
Horticultural Society	Karen Wiles	
Leavenheath Cinema	Marion	01206 263301
Member of Parliament (james.cartlidge.mp@parliament.uk)	James Cartlidge	020 7219 4875
Mobile Library - Vicary Estate Junction	13th July	4.15pm - 4.35pm
Parish Council	Simon Thorogood	01787 227400
bronwenstacey@btinternet.com	Bronwen Stacey	01787 210354
david.wiles@live.co.uk	David Wiles	07811 108702
tony@howcroft.net	Tony Howcroft	
hwallace58@gmail.com	Helen Wallace	01787 211162
i.jordan741@btinternet.com	Ian Jordan	
andrewpeterhill@hotmail.com	Andrew Hill	01787 827112
Parish Council - Clerk (assingtonpc@yahoo.com)	Christine Hargan	01449 674727
Pub – The Shoulder of Mutton		01787 210334
Stoke by Nayland C of E Primary School (admin@sbn.suffolk.sch.uk)	Head: Mrs Kelly McGrath	01206 262418
Vicar (vicar@parishchurch.co.uk)	The Revd Daniel Whiffin	01787 228292
Village Hall – Bookings	Karen Wiles	07983 002072
Village Hall - Caretaker	Sean Mills	07547 190948
Village Hall - Charity Secretary		
Womens Institute, Boxford (annie-phillips@hotmail.co.uk)	Annie Phillips	01787 211729

The Assington News is a community magazine funded primarily through adverts and donations, for which we are always most grateful.
ADVERTS. RATES pa : £20 for 1/8 size page advert, £35 for 1/4 page advert, £60 for 1/2 page advert, £120 for a full page advert.
Contact Bob Cowlin 01787 229955 Bank Account details for payments and donations: Account no: 01345159. Sort Code: 30 - 98 - 31.
 Please make cheques payable to the Assington Association.

The ASSINGTON NEWS NOW IN COLOUR ONLINE at <http://assington.onesuffolk.net/assington-news/>

Editor	Bronwen Stacey, 01787 210354, email bronwenstacey@btinternet.com
Treasurer	Bob Cowlin, 01787 229955, bob.cowlin@assingtonmill.com
Distributors	David & Ann Jarrett, Judy Bourner, Bryn Hurren & Lisa Brooks, Zoe Laughton, Ian Jordan, Jacqui Egglestone, Rose Symonds
Printer	Indigo Ross Design & Print Ltd, Sudbury 01787 880 260 hello@indigoross.co.uk
Auditor	Ian Clark, 01787 211133



RICHARDSON LANDSCAPES

We are a local, family-run landscapers. We specialise in laying natural stone paving and other aspects of hard landscaping.

Check our website or social media for examples of our work and get in touch to see how we could bring your project to life.

01206 241 863
www.richardsonlandscapes.co.uk





The Association of
**Professional
Landscapers**
Accredited Member



re-mind
coaching
solutions
Limitless Possibilities

Transformational Coaching & Consultancy For Individuals & Businesses

- DON'T FEEL FULLY MOTIVATED OR FULFILLED?
- IS LACK OF CLARITY/DIRECTION HOLDING YOU BACK?
- WANT TO ENHANCE LEADERSHIP SKILLS?

I help High Achievers, Entrepreneurs & Business owners consistently achieve success in their lives & businesses. I specialise in effective techniques to let go of unwanted, patterns & behaviours to create high performance individuals and teams.

- 1:1 EXECUTIVE COACHING PROGRAMS
- OVERCOME PERSONAL & BUSINESS CHALLENGES
- UNDERSTAND WHAT MOTIVATES YOUR WORKFORCE
- WORKSHOPS & MOTIVATIONAL GUEST SPEAKING

"Amy is an outstanding coach with a unique approach and outlook. Working with Amy will give you the tools to not only achieve financial goals but also unlock a better understanding of yourself"
David R. - Director




amy@re-mindcoachingsolutions.com
Tel: 07789 182210
www.re-mindcoachingsolutions.com




Private Day Nursery

for children from 2 years.
Forest School Sessions.

Holiday Clubs

for children aged 4-8

Baby Classes (intro offers available)

sing and sign, baby massage,
baby sensory and
woodland babies
(term time only)



WWW.WOODLANDSNURSERYKERSEYMILL.CO.UK



Come and meet new friends, have fun, and help raise money for charity!

Thursdays 6.30pm
at Assington Village Hall

No audition necessary

First session free

Membership includes learning aids, online resources, and opportunities to perform for charity

**For more info go to
www.happysounds.co.uk
or call 07957 394780**

ASSINGTON CHURCHYARD

Our Churchyard is a Designated County Wildlife Site, as it has an enviable selection and number of wild flowers and plants.



This is mainly due to the fact that it is an area which has never been under cultivation and is therefore free from such things as ploughing which might have disturbed soil, and free from insecticides and harmful weed controls.



Designated Wildlife Sites are defined areas, identified and selected for their nature conservation value, based on important, distinctive and threatened habitats and species. Many sites are of county, and often regional or national, importance. In Suffolk the Designated wildlife Sites may be privately or publicly owned and vary in size and shape including small meadows, green lanes, dykes, hedges, ancient woodlands, heathland, green, commons and marsh.

This year, there are eleven bee orchids in one particular area. It seems to be a good year locally for bee orchids, as there is talk of them being seen in other places around the village also; maybe its the weather which we have experienced this year: huge amounts of rainfall followed by more heavy downpours interspersed with the odd spells of warm sunshine...but the result has brought a smile to our faces, even if the climate hasn't.



With this in mind, the PCC has a specific mowing programme and does not mow until the Spring flowers have bloomed, and thereafter the churchyard is mown sensitively to this criteria., with one main cut to all areas in the Autumn.

A "flower count" and activity session in June will have taken place before John revs up his mower. Hopefully he will swerve to avoid mowing down the bee orchids as he steers the mower around between the headstones.



The PCC realises that the sight of the churchyard might offend some people who would like to see it kept fully mown and "under control"; however, on balance the PCC prefers the churchyard to retain its rural charm, and is proud that it can add value to the local areas which make a special contribution to nature conservation.

BEE ORCHID: Although it is not a common species and is less frequent than it used to be, it can still often be found in Suffolk. The bee orchid has a preference for chalky soils and in Suffolk particularly occurs on boulder clay. However, unlike some orchid species it is also known to tolerate neutral soils and even occasionally sands and gravel.

The bee orchid is a mimic - the flower's velvety lip looks like a female bee. Males fly in to try to mate with it and end up pollinating the flower. Sadly, the right bee species doesn't live here, so this orchid is self-pollinated in the UK, by transferring pollen from the male to the female parts of the same plant. Grasslands need to be cut or grazed in order to divert natural succession and prevent vigorous grasses and eventually scrub from developing. In most cases, a cut late in July will allow the bee orchid and other wild flowers the opportunity to flower and set seed. Bee orchids may only flower once in their lifetime, which explains their appearance in large numbers in some years and disappearance in others. The seeds germinate in the spring and can take as long as six years before they reach a flowering stage.

Bee orchids are protected, as are all wild flowers, under Section 13 of the Wildlife and Countryside Act (1981). This section prohibits unauthorised and intentional uprooting of any wild plant. In addition, because orchids

are particularly slow growing and may only flower once in their lifetime, it is important to never pick the flowers.





**BARNEY BUBBLE
DOG GROOMING**

1 Cornard Mills, Mill Tye, Great Cornard,
CO10 0GW
07808632363

Find us on Facebook and Instagram:
@barneybubbledoggrooming

AMBROSE

ELECTRICAL LTD

Domestic | Commercial | Industrial

We have over 34 years experience and offer a full range of services to suit all your electrical needs.

Call or email us today to discuss your requirements.

TEL: 07970 384576

info@ambroseelectrical.co.uk

**Installation | Emergency Lighting |
CCTV | Fire & Security**



The Barn, Assington

www.ambroseelectrical.co.uk








Stoke By Nayland C of E Primary School and Nursery

St Edmundsbury and Ipswich
Diocesan Multi Academy Trust

- Small class sizes
- Specialist teachers
- Forest school
- Wrap around childcare
- Wide range of after school clubs

Make an appointment to see our amazing school.
Telephone 01206 262418 or Email admin@sbn.suffolk.sch.uk



SESAW NEWS



So that cheeky Chihuahua thinks I've mellowed, does he? Ken should look in the mirror, he has a middle aged spread, grey whiskers and barks for no reason at all! My black coat is as sleek as ever and my waist is still trim. Admittedly I prefer to stay indoors when it's cold and wet nowadays but went outside to visit some of our animals awaiting new, loving homes.

Feline brothers Jack and Jacob were rather downcast. They are two stunningly pretty white and black cats, neutered, vaccinated, microchipped and ready to go. They are a little nervous, having been in a run far too long, nevertheless I find it unbelievable they have not yet been chosen.

Of course we have many dogs including Pebbles and Lola, two friendly, middle aged pugs in need of a new home together. They love their walks and plenty of cuddles. Please come along to meet any of the animals between 10am to 1pm, Thursday to Sunday.

We said farewell to longtime resident, Henry the peacock and his three wives last month. The beautiful boy displayed resplendently in his new quarters at Kentwell Hall whilst his demure peahens investigated their new surroundings. His plaintive call is much missed here but we know he and his harem will enjoy the grounds of that historic house, once they have settled in.

I dare say they would like a superior cat such as me but our volunteers would miss sharing their lunchtime sandwiches with me, Ollie (the Black) Cat.

Suffolk & Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP.
Tel: 01787 210888, email: info@sesaw.co.uk

BOXFORD & DISTRICT BOWLS CLUB REPORT

From Roz Mortlock

The season so far has been rather damp to say the least - and it's about time we had some sunny, warm weather!

Despite the wet weather, which has meant rearranging several games, our teams are doing well with some good results in national and local competitions.

Our men's team in the West Suffolk Triples League are currently in 2nd place, and the Federation Team had a win against Haverhill in the Durham Trophy which puts them through to the next round. Good Luck for the next game at the end of June.

Our Green Team and our Blue Team who both compete in the Sudbury Mixed Triples League are both doing well and both teams have also progressed through to the next round of the knockout competition - the Millennium Cup. Well done to everyone who plays in this league.



Our ladies team have won through to the next round of the Hadleigh Cup beating Holywells, Ipswich and will be

travelling to the Borough of Eye to play in the semi-finals. Good Luck to you all in this match. They also won the first round of the Suffolk Top Team competition against Ipswich ladies but sadly lost in the quarter finals to Lowestoft Railway. It is great to see that the Boxford ladies have a team of their own this year, as over the past few years they had entered these competitions jointly with Sudbury. What a great start to this season - well done to you all.

ASSINGTON RAINFALL AND TEMPERATURES

Bill Milner (rainfall) and Bob Cowlin (temperatures)

HISTORY annual rainfall:

2016	599.5	2017	571
2018	559	2019	597
2020	636	2021	582.3
2022	419	2023	662

2020	mm	max	min
JAN	33.5	10 C	-5°C
FEB	56	11°C	-3°C
MAR	21	14°C	-5°C
APR	22	23°C	-1°C
MAY	5.5	27°C	-2.5°C
JUNE	50	28°C	+2°C
JULY	58	30°C	6°C
AUG	109	32°C	4°C
SEP	25.5	27°C	5°C
OCT	110	14°C	2°C
NOV	33	14°C	-4°C
DEC	102.5	10°C	-5°C

2021	mm	max	min
JAN	89	10°C	-5.5°C
FEB	34	14°C	-7°C
MAR	26	20°C	-3°C
APR	1	15°C	-5°C
MAY	78.1	25°C	-2.5°C
JUNE	55.2	30°C	+3°C
JULY	72	28°C	7°C
AUG	29	24°C	5°C
SEP	28.5	27°C	3°C
OCT	74.5	18°C	1°C
NOV	27	13°C	-3°C
DEC	68	12°C	-6°C

2022	mm	max	min
JAN	7	12°C	-6.5°C
FEB	46	13°C	-4°C
MAR	29	18°C	-2°C
APR	9.5	22°C	-6°C
MAY	37	25°C	0°C
JUNE	33.5	30°C	2°C
JULY	5	36.5°C	6°C
AUG	11.5	32°C	7°C
SEPT	25	25°C	1°C
OCT	63	18°C	0°C
NOV	107.5	14°C	-2°C
DEC	45	10°C	-9.5°C

2023	mm	max	min
JAN	41	10°C	-7.5°C
FEB	3	14°C	-7°C
MAR	78	15°C	-6.5°C
APRIL	65	18°C	-2°C
MAY	19	22°C	1°C
JUNE	15.5	30.5°C	6°C
JULY	72.5	28°C	8°C
AUG	65	29°C	4°C
SEP	41.5	30.5°C	5°C
OCT	137	23°C	-2 °C
NOV	61.5	11°C	-7°C
DEC	63	11°C	-3°C

2024	mm	max	min
JAN	47	9°C	-7°C
FEB	95	9°C	-1°C
MAR	38	18°C	-4°C
APR	49	18.5°C	-3°C
MAY	83.5	25°C	3°C

GRAYHAM HOGGER

Free local delivery

(Baileys, Allen & Page, Dobson & Horrell, Saracen, Naf)

**HORSE/ANIMAL FEED & BEDDING
HAY, HAYLAGE & STRAW
MUSHROOM COMPOST
SHAVINGS & HORSE-FEED
(Large and small bales)**

GRAYHAM HOGGER
TEL: 01787 210074 or 07860 536899

ASSINGTON COUNTRY KITCHEN

Prop. Annie Reidy – Malcolm Long

OPEN 7 DAYS A WEEK

Mon/Sat – 9-4.30; Sun 10-4

Bookings: 01787 210242

Anniereidy1@btinternet.com

malcolmlong1@btinternet.com

www.assingtoncountrykitchen.com

www.thebarnassington.com



JULES FLORIST

The Barn, The Street, CO10 5LW

Flowers for all occasions

Julie – 07979 676869

01787 211695

Email - Julieivory10@gmail.com

DANIEL ECUYER THATCHERS

MASTER THATCHER

Long straw & water reed

(Free quotes for thatch owners)

Briars, Dyers Lane, Assington

01787 210252 or 07956 585133

ecuyerthatchers@gmail.com

Duncan's Marquee Hire



07768 605 250 / 01787 212 379

Proline 5m x 10m Professional Marquee PVC 550

Essex & Suffolk gliding club are always keen to attract new members. You can start gliding from 13 go solo at 14 and no upper age for seniors, provided you're medically fit.

If interested please visit our website:
www.esgc.co.uk

Boutiqueprint

Wide Format Printers

PVC Banners

Posters

Retail Signage

Wallpapers

Vehicle Wraps

Vinyl Decal

Tel: Assington 212379

Email: duncan@boutiqueprint.co.uk



NATURE WATCH

Big Butterfly Count 2024



The Big Butterfly Count helps conservationists identify those species in the most trouble, and is critical for monitoring populations across the UK. It is particularly crucial as the 2022 survey revealed that 80% of butterfly species found in the UK have declined since the 1970s .



The Big Butterfly Count is the world's largest butterfly survey, undertaken by wildlife lovers across the UK. and involves picking a spot and spending 15 minutes counting the butterflies and day-flying moths you can see. The data gathered is crucial to butterfly specialists wanting to learn more about the population and habits of various butterflies. It will enable butterfly scientists to assess where conservation efforts are most important.

In 2022 and 2023 record temperatures, heatwaves and drought caused many vital caterpillar food plants to wither and die. Scientists at Butterfly Conservation are urging the public to join in and help them understand the impact on butterflies in 2024.



On a recent May visit to Ham House and Garden in Surrey this Rose Chafer green shiny beetle was spotted covered with pollen in the centre of a Rock Rose.



This unusual (for our Assington garden) Spotted Longhorn Beetle was seen on 17th June on a clump of (not yet flowering, of course) Michaelmas Daisy leaves in the garden.

The *Rutpela Maculata* (Spotted Longhorn to you and I) adults can be encountered from May through August, completing their life cycle in two-three years. They only live two-four weeks. They are very common flower-visitors, especially Apiaceae species (ie umbellifers), feeding on pollen and the nectar. Larvae eat many types of deciduous tree foods.



The longhorn beetles are one of Britain's most spectacular families of insects. Their distinctively long antennae help distinguish the group. The species found in Britain are generally large and stocky. Some grow as long as 55mm (not including the legs and antennae), while others can be as small as 2.5mm. Many are colourful and some species show interesting behaviour. The Wasp Beetle, for instance, is black and yellow in colour, and moves in a jerky motion. It is common in hedgerows and woodland. Hawthorn, when in blossom between April and June, attracts many species. Later in the summer, hogweed is very attractive to longhorn beetles.



THINGS TO DO..... DIARY DATES and.....



Red Willow in Morning Mist

A Feeling for Landscape

Exhibition of paintings by

BELINDA KING

25th - 31st July 2024

Open 10 am - 5pm daily

ARTSPACE

Woodbridge

Apothecary House

84 Thoroughfare

Woodbridge IP12 1AL

www.belindakingart.co.uk



Red Roof



Frosty May Tree



Assington Baby
and Toddler
Group

Thank you
for all your support
and
for making it
such a friendly
group.

We all love
meeting together!

Twice a month on Thursdays
in term time
9.30-11.00 am
in the Village Hall at £3 per family

11 July

Revd Tricia Box 07747124592



St Mary's Church, Bures

for babes and little ones
and their parents/carers

coffee/tea and lots of play followed by
15 mins of fun, bible story & songs
first thursday of month starting at 8.45am

4th July at 8.45am

REMEMBER:

4th JULY AT THE VILLAGE HALL.

GENERAL ELECTION

YOU MUST TAKE YOUR ID WITH YOU.

A DATE FOR YOUR DIARY:

The Assington Church Fete 2024 will take place on 31st August.

One of the stands will be a display of Classic and interesting cars.



All Fete attendees will be welcome to admire these beautiful old vehicles.

However, if you happen to be the proud owner of one such treasure, we should like to invite you to enter your car into the Classic Car Display. If you are (or a friend is) interested in doing so, please do get in touch with Simon Whitbread, who is organising this event. Simon may be contacted on **Mobile: 07453095144 or simonwhitbread85@gmail.com**

.....and VILLAGE NEWS

CHOIR NEWS



We're almost at the end of our Summer Term here at HappySounds, and heading towards our last concerts of the season!

If you enjoyed seeing us at the Village Hall back in May then come and see us at either Sudbury Arts

Centre on Saturday 6th July at noon, or at Bures Music Festival on Wednesday 10th July at 7pm at Bures Church.



Ticket proceeds from the latter will be going towards Ferriers Barn and St Helena Hospice, among others, so do please come and give us your support.

HappySounds will be taking a break over the school holidays but we are excited to be taking new registrations for September, both in Assington and Sudbury. You don't need to be able to read music and there is no audition, it's a great way to make new friends and come and learn how to sing from a trained voice coach. Drop us a line at happysounds.co.uk !

Have a great summer. Nettie

NEW KITCHEN AT THE VILLAGE HALL



Before.....

Hello All,
I am pleased to announce that the new kitchen at The Village Hall has been installed and looks superb.



A big thank you to The Babergh grants team for the £10k installation funding, the white goods CIL funding from The Parish Council and the donation of the cooker hood by Assington Autos. And of course the TCI team for a smooth installation. It certainly has a wow factor.

We will arrange an official opening event for the kitchen, with some bubbly and refreshments. We have further funding for new front doors that will enhance the building even more.

Thank you to those who have donated to the village food bank it will make a difference to someone in these hard times.

Please remember the **annual Scarecrow Competition**, this happens during the week leading into the horticultural show; there were some great entries last year. £3.00 per entry to 16 The Street giving the location of your scarecrow.

If anyone would like to help out on the Village Hall team please let us know, you would be very welcome, it is your hall; let us know any events you would like to see happen . Kind regards

David

THE VILLAGE HORTICULTURAL SHOW



The 47th Assington Horticultural show. Sunday 18th August. 47 years of village tradition

Well, what a year, we are seriously thinking about having a section for Weeds or should I say Wildflowers depending on your opinion of them. I am firmly in the Wildflower camp. They are so important for our pollinators, beautiful and they are free.

Don't forget to enter this year's show, there really is something for everyone, be it flowers, veg, crafts or baking. Parents, grandparents and guardians please have a look at the children's classes. It is lovely to see the children taking part with such fab entries.

The Open section is open to residents and non-residents living within a 15 mile radius of Assington. Spread the word, bring a friend.

Donations for the Raffle will be most gratefully received and can be left at the Farm shop or at 16 The Street.

Don't forget Tea, Coffee and yummy cakes will be on sale. All profits from the show are donated to our village charities.

Look out for your Show booklet in July.

We hope to see you there.

Karen x

DANCE CLUB

Tuesdays 10:45am-11:45am

Nayland Village Hall,
Church Lane, CO6 4JH
£5 per class

Love to dance?

Come along and give it a go!

New earlier time: 10.45am – 11.45am
FIRST CLASS FREE!

Fun easy dance routines - from a Foxtrot line dance & a Waltz around the hall to a cheeky Cha Cha and a fun Charleston! No partner needed & just £5 a class. a low impact dance workout class for adults who love to dance!

No partner needed

Leave the class with a smile on your face having had a dance, a good giggle and a great workout too!

Email: danceclubfitness@aol.com
Mobile: [07917 333712](tel:07917333712)

MEADOW GRACE

PLUMBING HEATING BATHROOMS

Plumbing and heating engineer with over 20 years' experience. Providing a friendly, reliable and professional service with an emphasis on high standards of workmanship and conscientiousness.

- Full bathroom suite installation (inc. design and management)
- Boiler installation, replacement and maintenance
- Full heating system installation and upgrade
- Hot water cylinder upgrade and replacement
- Power flushing
- All general plumbing

☎ Sean: 07983 403 289

✉ meadowgraceph@gmail.com

📷 [instagram.com/meadowgraceph](https://www.instagram.com/meadowgraceph)



- Home Accessories
- Soft Furnishings
- Furniture & Lighting
- Gifts & Cards
- Boutique Fashion
- Annie Sloan Chalk Paint Stockist
- Workshops

at The Barn, Assington



www.littlegemsinteriors.co.uk
01787 210951

ASSINGTON PARISH COUNCIL

Matters of interest discussed during a meeting held on Monday 3 June 2024 At 7.30pm in Assington Village Hall

Present: Councillors Simon Thorogood, Andrew Hill, Ian Jordan, Bronwen Stacey, Helen Wallace, and David Wiles

In attendance: DCllr Lee Parker and Christine Hargan (Clerk)

■ Election of Chairman

Resolved Cllr Thorogood Proposed by Cllr Jordan and seconded by Cllr Stacey, unanimous
Chair signed the Acceptance of Office.

■ **Apologies** for absence Cllr Tony Howcroft

■ **Declaration of Interests and requests for dispensation** from Councillors

CIL expenditure Requests for funding Cllr Stacey: WC and scullery facilities at St Edmund Church; Cllr Wiles: re the village hall.

■ County and District Councillor reports and public forum

◆ There was no **Suffolk County Council report**.

◆ **Babergh District Council report:** Cllr Parker reported that:

- DCllr Saul is the first Green leader and will lead the coalition until DCllr Ward takes the council through to the next election. Although the approach may be softer there is unlikely to be much change with Green party because it is a coalition
- There is no money available to influence Policy change.
- The Capital Grant window has opened and will close in July. Grants of up to £10,000 are available and so far there has been a good response.
- The General Election will be held on 4 July
- Planning committee is still meeting
- Parking charges within the area are still being debated.

◆ **Public forum:** There were no members of the public present.

■ Planning:

◆ **DC/24/01802** Erection of an agricultural storage building Land At Shamrock Farm Marshalls Green Assington Sudbury Suffolk CO10 5LS

Resolved to object –on grounds of Policy LP24, LP22, and the Assington Neighbourhood Plan.

◆ **AP/24/00034** Appeal Woodside Barracks Road Assington CO10 5LP erection of 2No Bungalows Resolved to respond that trees have been removed/ coppiced without permission and a hard based entrance has also been created without planning permission.

◆ Cllr Thorogood reported on the recent site visit to Assington Autos, when 6 or 7 of planning committee attended and also the owner, his agent, and the Planning Officer, to review the application for activities to be moved to the rear of the site which should reduce noise and allow the front of the site to be used for E-bay sales. Various questions were raised including:

- There will be more concrete and therefore additional runoff.
- a water treatment system and bunding
- oil spillage into the brook
- Will the Cllrs in attendance be the same ones that will hear at committee? Yes
- Individuals can lobby the Planning Committee who are listed on the BDC website in the Cllr democracy section.
- Cllr Parker was disappointed that the general election has affected the hearing date. It is likely that 24 July is close to where it will be heard at committee.

■ Status of planning applications

◆ An additional notification has been received, re the refusal of DC/24/00479.

■ Appoint members to HR and Standards committee: Cllr Stacey and Clerk to confirm with Cllr Howcroft.

■ Appoint representative to Assington Village Charity: Cllr Wiles.

■ Appoint representative to SALC: Cllr Stacey.

■ Appoint Councillors to review planning applications Cllrs Jordan and Hill.

■ Finance

◆ Internal auditor report was reviewed and recommendations accepted.

◆ Consider the contract with Hartleys Landscapes for cutting of public footpaths

Resolved to accept the quotation with the following revisions: 2nd cut to be carried out in July. Preapprove Hartley's invoices to a maximum of £400 to ensure prompt settlement. Further attention is required in other areas of the village Cllr Wiles to liaise with the contractor. Clerk to email both.

■ Review any issues raised for the Licensed Path, Footpaths and APC's Assets

◆ Triangles at Rose Green and Three Ways. Clerk to speak to Hartley's landscaping regarding planting to deter cars from parking on them.

■ CIL expenditure

◆ To consider a donation toward the creation of a WC and scullery facilities at St Edmund King and Martyr Church Assington. Resolved to donate £20,000 Proposed by Cllr Jordan Seconded Cllr Wiles carried unanimously. The donation to be held in APC account until the appropriate stage of work commences.

◆ To consider a donation of up to £5,000 towards replacement of white goods and main front doors as part of the refurbishment at the village hall. Resolved that invoices to the value of £5,000 made out to the name of Assington Parish Council will be settled from CIL funds. Proposed by Cllr Hill and seconded by Cllr Jordan, unanimously carried.

◆ To consider the addition of a boardwalk on the Meadow footpath by the meadow. The Councillors were not convinced that this is a good use of funds and agreed to wait until the autumn.

◆ To consider the addition of a gate on the allotment site to prevent grazing: this was approved. The gate has already been acquired and just requires permission to fit at no cost to the Parish Council.

■ Questions to the Chair

◆ Cllr Hill had been requested by the footpath wardens to raise the issue of garden shrubs encroaching on the village footpaths. Councillors did not wish to appear dictatorial in their approach to this.

◆ Clerk was asked to remind CCllr Finch about speeding on the main road.

■ **Date of the next meeting** Monday 29 July to be held in the Village Hall at 7.30pm

■ The meeting was closed at 21.20



FORMERLY NAILS BY GRACE

I'm Grace Crimmin, a fully qualified Beauty Therapist with over 10 years' experience in Salons and Spas.

I offer a wide variety of treatments from my treatment room in Newton, including Body Massages, Facials, Manicures, Pedicures, Waxing and more!

I look forward to hearing from you.

www.beauty-bygrace.co.uk

 07484 648932

Leavenheath Village Hall Cinema

is showing

HAIRSPRAY

SATURDAY 6TH JULY

Musical - PG

Starring John Travolta & Michelle Pfeiffer

Running time 1 hr 47 mins

WHAT WE DID ON

OUR HOLIDAY

SATURDAY 3RD AUGUST

Comedy Drama PG - 13

Starring David Tennant, Rosamund Pike, Billy Connolly

Running time 1hr 35 mins with 20 mins interval

For both films arrive 7.00pm. Film starts 7.30pm

Tickets £4.00 per Adult & £2.50 for under 12's

You can pay by cash or card on the door

Book your tickets online at www.leavenheathvillage.com

or telephone Marion on 01206 263301

Refreshments, wine, beer, soft drinks, coffee, tea will be available before the film and also during the interval along with ice creams. Proceeds towards LVH Capital Project Fund (Charity no 262816)

Ventanilla Blinds

Conservatory Blinds - Day and Night Blinds

Rollers - Verticals - Roman - Pleated

Wooden, Faux Wood & Metal Venetians

Sheer Rollers - Blackout Blinds

Perfect Fit Pleated, Roller & Venetian

Contact Mike for a fast and friendly service

01787 313677 or 07966 371963

www.ventanillablinds.com

REPORT ON THE



ABOVE EVENT ON A BEAUTIFUL DAY ON 16TH JUNE

Wildflower identification around the churchyard was set up by Nick and Monica Miller.



Children's crafts, where children could create a lions mane with ox eye daisies, add to the flower shop, make a flying paper aeroplane or fill a tub with flowers were organised by Sarah White.



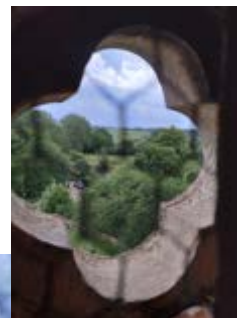
The event was a mix of education about the diversity of flower species in the churchyard, some of which are quite rare, or specific to Assington church, as well as some random fun watching the teddies fly down the line.

Well done to Roger and Simon for braving the heights of the tower...it is quite a way up!

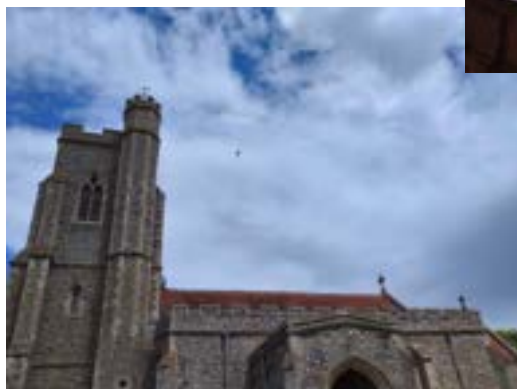
Some wonderful vistas from the top to the tower:



The teddy zip wire was set up by Roger Britcher and Simon white and had some great teddies zooming down, some at great speed!

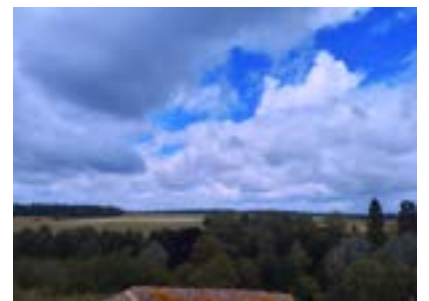


Thanks to Linda and Val for teas and coffees.



Watch out for the event next year.

From Anna.



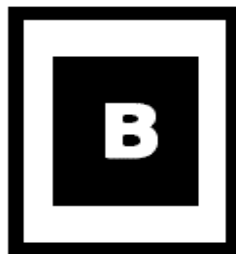
Wardale Williams

THE OPTICIANS

INDEPENDENT • EXPERIENCED • PROFESSIONAL

Qualified and caring NHS opticians
for you and your family since 1947.
Varifocal specialists.

50 Gainsborough St Sudbury
CO10 2ET 01787 372492
www.wardalewilliams.co.uk



Boxstore

**The Local
Self Storage
Company
For all domestic and
business needs**

**See website for details
www.boxstore.co.uk
tel : 01787 210350**

PARISH CHURCH NEWS



<https://assingtonchurch.org.uk>



Letter from the Rev Daniel Whiffin, Vicar of Bures with Assington and Little Cornard

Dear friends

I have seen my first bee orchids this year. I suppose that those of you who have lived in these parts for a while have seen them plenty of times, but this was a joyful first for me. These clever pretty little illusionists have been spotted in the churchyards in Assington and Bures and we even have one in the Vicarage garden (probably because I don't use the lawnmower often enough!).

The bee orchid flower entices certain male bees by mimicking both the appearance and scent of a female bee. The bee, if it is hoping to find a mate, will surely be disappointed. Doubly so, since the bee orchid does not even produce nectar. The bee believes it will benefit. But only the orchid gains from the bee's efforts, as it is tricked into being a pollinator.

Many of the pleasures we are wired to pursue are just like the bee orchid's flower. We could consider the human quest after the promise of wealth or the longing for sensual satisfaction. Their illusionary beauty entices and they promise happiness, but always leave us feeling tricked and used.

Jesus is completely different though. For many, following him does not appear at all appealing. Yet Jesus never looks to benefit himself from those who come to him. He only gives. He gives perfect rest and life to the full.

I pray you know real joy this summertime (hoping the weather has turned warmer by the time this is printed!).

Daniel

JULY 2024 SERVICES IN ASSINGTON

7th July @ 10.30am HOLY COMMUNION

14th July Bures in the BIG TOP @ 9.30am
Lt Cornard @ 10.30am MW

21st July @ 10.30am MORNING WORSHIP

28th July Bures @ 10.30am MW
Lt Cornard @ 10.30am HC



**THE CHURCH IS OPEN FOR VISITORS
ON SATURDAYS AND SUNDAYS,
and at other times by arrangement with key holders.**

Vicar: Daniel Whiffin 01787 228292
email: vicar@parishchurch.co.uk
Associate Priest: Rev Simon White 07572 418555
Reader: Dr John Symons 211534
Churchwarden: Bronwen Stacey 210354
Organist: Bronwen Stacey 210354
Secretary: Emily Cartlidge 07967 724266
Treasurer: Ian Clark 211133

ASSINGTON CHURCHYARD

Our Churchyard is a Designated County Wildlife Site, as it has an enviable selection and number of wild flowers and plants. With this in mind, we have a specific mowing programme and do not mow until the Spring flowers have bloomed, and thereafter the churchyard is mown sensitively to this criteria, with one main cut to all areas in the Autumn.

**BASIC COMMUNITY
POP-UP SHOP**
St. Mary's Church, Bures
Thursday 20 June at 12 noon

Helping those who need it.

How it works: Simply come along, 'buy' a bag for £2 and then help yourself to what you want/need from what we have.



Want to be part of something new?

Think church might be good for your family but not sure traditional services are for you



9:15-10:00 am

First and third Sundays of the month
St Mary's Bures
Crafts, Lego, pastries and coffee as we learn about Jesus, sing and pray together.

For all ages. Everyone welcome.
Launching Sunday 2 June!

Assington Church

TOWER PROJECT



QRCode

If you would like to make a donation towards the Tower Project

Grateful thanks

KEMPSON GARDEN SERVICES

*All year round, friendly & reliable service
RHS qualified and fully insured
Established 2008*

- Garden design and consultation
- Regular lawn care - cutting, strimming & edging
- Hedge cutting & shaping
- Shrub planting & pruning
- Flower border set up & maintenance
- Garden clean-ups & makeovers
- Pressure washing - patios & pathways
- Fencing & repairs
- General handiwork

For complete & professional garden care:

2 Woodfields, The Street, Assington

T: 01787 212394 M: 07733 134789

fred.kempson@gmail.com

www.kempson-gardenservices.co.uk



**Specialists in handmade
rugs and carpets**

Restoration & cleaning workshop

Open Monday to Saturday, 10am – 5.30pm

The Old White Hart, Long Melford, CO10 9HX

01787 882214 www.rugandcarpetstudio.co.uk

R SMITH

ELECTRICAL SERVICES

ALL ELECTRICAL WORK UNDERTAKEN

CLEAN, HONEST, RELIABLE

Please call Ryan on

07981 528948

OR

01787 212352

www.rsmithelectrical.co.uk

Assington Pilates Class

Tuesday evening

7.00 - 7.45pm

Physiotherapist led class (no prior Pilates
experience needed)

£9 Pay as you go

Or

£32 for a block of 4 classes

Contact: annacclayton@hotmail.co.uk

07811229266

Please bring your own mat.

50% donated to the Valene Lock Church Fund to install
Kitchen/toilet facilities.

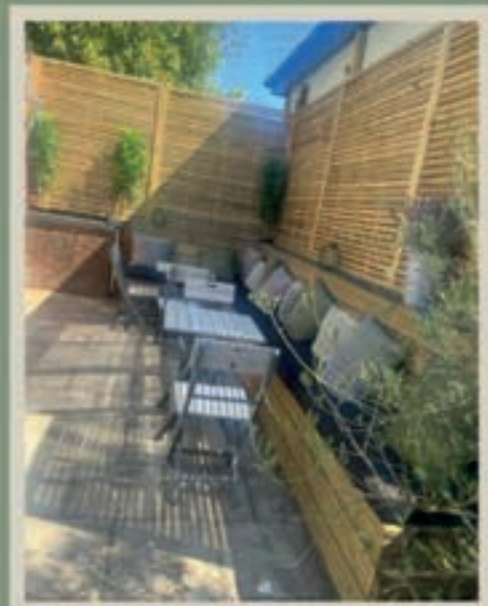


THE FOXES DEN

Celebrate your special occasion with us!

- Exclusive hire, private car park, 5 double en suite bedrooms plus 1 self contained lodge with private hot tub and patio area overlooking the countryside.
- Restaurant opens Wednesday to Saturday 8.30am to 4.00pm. Serving homemade breakfast, brunch, lunch and cakes, delicious coffee and we now have our alcohol license so join us for a drink on our terrace!
- COMING SOON - New outside eating area coming soon with a wood fired pizza oven (to eat in or take away)

www.thefoxesdenassington.com
FB: The Foxes Den Assington
IG: thefoxesden.assington
T: 01787 703 500





SHOULDER OF MUTTON

An Historic English Inn for comfortable, casual and refined dining

Hours of Opening:

Wednesdays to Sundays 12 noon to 11pm



Saturday 20th July at 8.30pm:

JDS ACOUSTIC BAND

AUGUST BANK HOLIDAY WEEKEND BEER FESTIVAL

Friday 23rd - Sunday 25th August:

Live Music, Beer & BBQ

For any Bookings or enquiries please contact via 01787 210 334

Or Info@shoulderofmuttonassington.co.uk